



The Cornerstone

Township Of O'Connor

APRIL 2015

OFFICE CLOSED

Please note that the Municipal office will be closed on Good Friday, April 3 & Easter Monday, April 6. The office will also be closed on Friday, April 17 Tuesday, April 21 & Wednesday, April 22 to allow staff to attending a conference and training sessions.

Municipal Property Taxes

The second installment of O'Connor Property Taxes are due April 30. Please see your tax bill which was sent out in February for the amount due. Payments can be made by cash or cheque at the Municipal office located at 330 Hwy. 595 or by using internet or telephone banking. For more information please contact the Municipal Office at 476-1451. Please note the office closures above.

Load Restrictions in Effect (Half Loads)

Please note that load restrictions have been applied to all municipal roads within the Township of O'Connor and will continue during the period designated by the Ministry of Transportation. The Township of O'Connor reserves the right to extend the load restrictions due to the weather and/or road condition after the Ministry has lifted their restrictions. MTO has also placed load restrictions on Hwy 595 & 588.

Council & Budget Meetings

The regular meetings for Council will be held on Monday April 13th and Monday April 27 at 7:00 p.m. Budget meetings will be held at 6 p.m. both evenings prior to the regular meeting. A full budget meeting has been scheduled for Wednesday May 13, 2015 at 7 p.m.. All meetings will be held in Council Chambers located in the Municipal Office located at 330 Hwy 595.

Council welcome your involvement and interest in Council meetings and municipal issues.

Mayor Ron Nelson - 475-9213

Councillors: Kevin Foekens - 577-1698 Jerry Loan - 768-0947
Bishop Racicot - 577-2215 Jim Vezina - 577-6735

Dogs Running at Large



Spring is on its way and it's that time of the year when dogs may want to go exploring. Please keep your dogs under your control and in your own yard. If you use a dog shock collar please check the batteries.

If you are having trouble with dogs, during the month of April please contact the Township office during the week at 476-1451 and Ms. Hannah Neudorf, the Township's Dog Control on the weekends only at 621-4957.

Emergency Contacts:

Medical Emergencies: 911
Fire: 911
Police: 911

Municipal Office Hours

Monday, Tuesday, Wednesday, Thursday:
9:00 am to Noon & 1:00 pm to 5:00 pm
Fridays: 9:00 am to Noon

Office Phone: 476-1451
Fax: 473-0891
Garage: 476-1453
Community Centre: 476-1452

Website:

www.oconnortownship.ca

E-mail:

twpoconn@tbaytel.net



Disposal Site Hours

Summer Hours:

Apr 1st to Aug 31st

Tuesday - 6:00 pm to 9:00 pm
Saturday - 10:00 am to 3:00 pm

Winter Hours:

Sept 1st to Mar 31st

Tuesday - 3:00 pm to 6:00 pm
Saturday - 10:00 am to 3:00 pm

Building Permits:

By-law 2006-14, being a by-law respecting Construction, Demolition, Inspections, and to set out the rates for permits within the Corporation of the Township of O'Connor states that building permits will be required for the construction, erection, alteration, repair, removal, relocation and change of use of all buildings or structures within the Township of O'Connor. If you are building anything larger than **108** square feet or a building with heating, you must apply for a building permit. For more information please call the **Township Office or the Township's Chief Building Official, Gordon Cuthbertson, at 708-7548.** Applications available on the Township website or at the office.

Oliver Paipoonge Library Hours:

Use of both branches is free for O'Connor Residents

Murillo Branch (935-2729)

Monday - 10 - 5 pm
Tuesday 6 - 8 pm
Wednesday 10 - 5 pm , 6 - 8 pm
Thursday 6 - 8 pm
Saturday - 1 - 5 p.m.

Rosslyn Branch (939-2312)

Tuesday 10 - 5 pm & 6 - 8 pm
Wednesday - 6 - 8 pm
Thursday 10 - 5 pm & 6 - 8 pm
Saturday - 1 - 5 p.m.



The O'Connor Fire Department Auxiliary



Feeding the Community

Will be holding a Food Bank Drive on **Saturday, April 18th - Starting at 9:00 a.m.**

All non perishable food items and cheque donations will go the Rural Cupboard Food Bank.

Please make cheques payable to the "Rural Cupboard Food Bank"

We are also willing to pick up your beer, wine and liquor bottles. The money for the collected bottles will go toward the Skate Park in Conmee Township.

Thunder Bay District Municipal League

The Thunder Bay District Municipal League welcomes Councillor Jerry Loan from the Township of O'Connor, as the new Second Vice-President.

At the recent annual meeting, Councillor Loan, having served a number of years on the Board as an alternate representative member, was acclaimed as 2nd Vice-President for the term 2015-2017. In his new capacity as 2nd Vice-President, he will chair a number of integral League committees.

A member organization of the Northwestern Ontario Municipal Association, the Thunder Bay District Municipal League represents seventeen organized municipalities across the District of Thunder Bay and includes two from the western Algoma District. The League began in 1917, organizing municipalities to pursue common interests by joining together for their mutual aid and benefit. The Board meets regularly throughout the year and organizes two conventions annually on a variety of topics of interest to all council representatives across the District.

Additionally, Councillor Jim Vezina was appointed as the League's representative to the North Superior Emergency Medical Services board and Linda Racicot, Deputy Clerk-Treasurer was elected as the Administrative representative for the League on the Northwestern Ontario Municipal Association (NOMA) board.

Respectfully submitted,
Beth Stewart, Executive Director
Thunder Bay District Municipal League

Fire Department News

Since the last newsletter the O'Connor First Response Team has responded to 1 medical related call.

The Fire Department will be holding a Food Drive for the Rural Cupboard Food Bank on Saturday, April 18th starting at 9:00 a.m. and finishing once we have covered all the homes in O'Connor. If you will not be home during that time please feel free to leave your donation outside your door and we will pick it up. If you prefer to drop off your donation please feel free to do so at the O'Connor Municipal Office during regular office hours and we will make sure our members do not come to your home that day. If you would like to make a monetary donation please make the cheque payable to the Rural Cupboard Food Bank.



VOLUNTEERS!

The Department is always looking for individuals who are interested in becoming a fire fighter or first responder. If you are interested please give Fire Chief Henry Mattas a call at 628-3523 for more information and meeting dates.

Smoke Detectors save lives.



The O'Connor Fire Department has Smoke Detectors for purchase for \$10.00 each and Carbon Monoxide Detector for \$25.00 each. These units can be picked up at the O'Connor municipal office during regular office hours.

Public Education Matters

Enhancing Fire Safety Education and Prevention
In Your Community



April 15, 2015 Carbon Monoxide Alarm Requirements

As of April 15, 2015, homeowners and owners of residential buildings that contain no more than six suites must be in compliance with the recent carbon monoxide (CO) alarm requirements in the Fire Code.

What is carbon monoxide?

- Carbon monoxide (CO) is known as the silent killer because it is an invisible, tasteless and odourless gas that can be deadly.
- CO is produced when fuels such as propane, gasoline, natural gas, heating oil or wood do not burn completely in fuel-burning appliances and devices such as furnaces, fireplaces, hot water heaters, stoves, barbecues, portable heaters and generators or vehicles.

Over 80% of CO-related injuries and deaths in Ontario occur in the home (source: TSSA).

Symptoms of carbon monoxide poisoning:

- Exposure to CO can cause flu-like symptoms such as headaches, nausea and dizziness, as well as confusion, drowsiness, loss of consciousness and death.
- If your CO alarm sounds, and you or other occupants suffer from symptoms of CO poisoning, get everyone out of the home immediately. Then call 9-1-1 or your local emergency services number from outside the building.

If your CO alarm sounds, and no one is suffering from symptoms of CO poisoning, check to see if the battery needs replacing, or the alarm has reached its "end-of-life" before calling 9-1-1.

Fire Permits

AS OF WEDNESDAY, APRIL 1ST FIRE PERMITS ARE REQUIRED FOR ALL BURNING

Fire permits are required during the fire season which runs from April 1st to October 31st as per the Forest Fire Prevention Act. A permit is required before starting a fire outdoors, including the burning of grass, brush and the use of Incinerators. Fire permits are valid for 15 days and an incinerator permit is valid for the entire fire season. Permits may be revoked at anytime at the absolute discretion of the Township's Fire Chief Henry Mattas. (Fires for cooking or warmth do not require a fire permit)

Fire and Incinerator Permits can be picked up at the following Locations: Township Office, 330 Hwy. 595, 476-1451 (during regular office hours)

Fire Chief Henry Mattas 741 Barrie Drive 473-9511 (please call)



Happy Easter, April 5th,
from the
Township of O'Connor
Council and Staff.

**RURAL CUPBOARD FOOD BANK
NEIGHBOURS HELPING NEIGHBOURS**

P. O. Box 327, Kakabeka Falls. ON POT 1WO
By Gladys Grant

HAPPY EASTER EVERYONE! Spring is in the air, signs are all around us. My daffodils are coming up along side of my basement wall. Sure a nice site to see, new hope. This is the time of year when people start thinking of planting their gardens. When you do in May, maybe you will consider planting an extra row for the food bank clients. Many people have done this in previous years and it is greatly appreciated.

Our Annual meeting was held in March and we would like to welcome Trudy Byers as our acclaimed Secretary for a 3 year term on the Board and extend **A BIG THANK YOU** to Judy Fleck for all her dedication and work as secretary for the past 6 years. Judy will still be our appointed Statistician on the Board. Also Judy has been doing the majority of the buying for the food bank and certainly watches for those sales and has increased our buying power. Kimm White who is our present treasurer has accepted the appointed position as Treasurer for another 3 year term. **A BIG THANK YOU** to Kimm for her hard work and dedication as treasurer and also the food bank representative on the Regional Food Distribution Assoc. Board (RFDA). Kimm oversees RFDA allotment and makes sure our clients receive an equal share of items. It is always interesting to see what shows up on food bank day with the arrival of the RFDA truck.

A BIG THANK YOU to The Thunder Bay District Social Services Board (DSAB) for grant money received again this year going towards the initiative in the operating our Food Bank. Greatly appreciated.

ATTENTION: On May 7th at the Nor West Rec. Centre from 1 P.M. to 7 P.M. The Rural Health Fair will be held in support of the Rural Cupboard Food Bank. People attending are encouraged to bring a non-perishable food item. Free admission, and there will be free draws and over 50 exhibitors.

SCHOOL LUNCH PROGRAM: We are very pleased with the response to this program. But we are still looking for support for a child of school age registered with the food bank. The receiver will get enough appropriate items for one week per month of the school year for \$50.00. Any donation towards this program will be greatly appreciated. Please mark on your cheque or if cash is given that it is for this Program. A tax receipt will be issued for any donation of \$20.00 or more as we are a registered non-profit charity.

NOTICE: Tax receipts for donations have been mailed out and if you have not received yours yet, please call the food bank phone number 285-0836.

ATTENTION: The food bank will be open on Wednesday, April 15th from 11 A.M. to 1:30 P.M. for distribution of hampers to the clients. Food can be dropped off at the Provincial Alliance Credit Union in Kakabeka Falls, the Oliver Paipouge Library in Rosslyn Village during business hours and also the Neebing Municipal Office. Reusable shopping bags are always welcome and can be dropped off at any of the above locations or at the food bank at times listed below. You can bring them on Tuesday afternoon April 14th from 1 P.M. to 2 P.M. or in the evening from 7 P.M. to 8 P.M. when people are there preparing for food bank day.

If you have any questions or concerns the phone number is listed above and calls can be received between 10 A.M. and 9 P. M. daily.

ATTENTION: Progress is on going in obtaining a new building for the food bank. Watch for more information in the next newsletter. Donations to the Building Fund are always welcome! Next Meeting is Wednesday, April 8th at 8 P. M. in the Church Hall at Redeemer Lutheran Church.

Check us out on Facebook!!



**Kakabeka Falls & Rural
District RCL Branch #225**

All events take place at the Kakabeka Legion
on Hwy 11-17 in Kakabeka Falls

**Call the events line for info. 473-9122 or check out our
web page at www.kakabekalegion.ca**

Wednesdays - BINGO takes place every Wednesday.

Payout to a maximum of \$1,460.00 - Licence #M728835

April 1,8,15,22 & 29—Doors open at 5 p.m.

Early Birds begin at 6:45 p.m.

For more information call Gary at 473-9631

Sat., April 4th - DANCE to the music of Quest 8 p.m. to 11 p.m. Admission \$7 per person includes sandwiches, desserts and coffee and tea.

**Sun. April 12th - BUFFET BREAKFAST 8:30 - 12:00
noon**

All you can eat, Canadian and Finn pancakes, bacon, sausages, scrambled eggs, hash browns, coffee, tea, juice, toast and jam or try our "Made just for you" omelette. Adults \$11, seniors \$10 and children's pricing as well. Join the breakfast club and after 10 paid breakfasts you get a free breakfast.

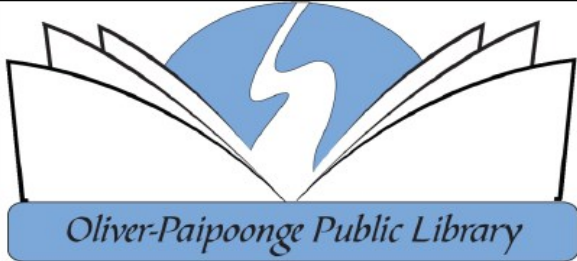
**Sat. April 18th - Executive Meeting 1 p.m.
- General Meeting 3 p.m.**

Sat. April 18th - Dance to the music of Quest 8 p.m. to 11 p.m. Admission \$7 per person includes sandwiches, desserts and coffee and tea.

Saturdays - CRIB every Saturday from 1-4 p.m.
Call Tim at 983-2998 for more information.

Looking Ahead:

Sat. May 2nd—Spring Membership Dinner Symposium
5 p.m. Dinner 6 p.m. Tickets are \$12 for members and \$18 for non-members. Tickets must be purchased by April 29th. To reserve your tickets call 473-9122 or Mary 475-9260 or Gary 473-9631 or at any of the regular events



Murillo Branch 935-2729

Rosslyn Branch 939-2312

Monday 10 – 5:00
Tuesday 6 - 8:00
Wednesday 10 - 5:00 & 6 - 8:00
Thursday 6 - 8:00
Saturday 1 – 5:00
Email: oplibrary@tbaytel.net

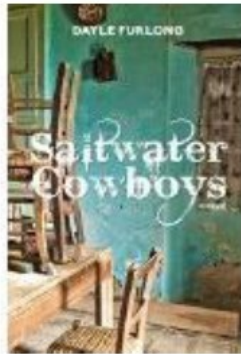
April

Tuesday 10 - 5:00 & 6 - 8:00
Wednesday 6 - 8:00
Thursday 10 - 5:00 & 6 - 8:00
Saturday 1 – 5:00
www.olsn.ca/oplibrary

April 4th at Rosslyn Library
2-4:00 p.m.
Spring is in the Air Painting Class
with Judy Mayor



Join us for a free art class for all ages!
Please pre-register but drop-in visitors are also welcome.



Author Dayle Furlong grew up in Marathon. She worked at a mine there and based the story on a theft / attempted theft that occurred at the mine.

Come out and learn to play Pickleball



Tuesday evenings at Rosslyn Hall 7-9:00.
Pickleball is the fastest growing sport for adults in North America. It is a low-impact cross between tennis, badminton & table tennis.
All equipment supplied, but please bring gym shoes.



The Township of Gillies is seeking a casual administrative assistant.
Wage is \$13.91 per hour. Minimum 8 hours per week.
Resumes will be accepted until April 8th by 4:30 PM.
Please forward your resume to Shara Lavallee, Deputy Clerk.
Email: gillies@tbaytel.net Fax: 807-473-0767
or Mail 1092 Hwy 595, Kakabeka Falls, ON, P0T 1W0

Position Summary: The Casual Administrative Assistant position is a part-time, on-call position providing administrative support to the Council, the Solicitor-Clerk and the Deputy Clerk as required. The Casual Administrative Assistant works within the policies, procedures and priorities established by legislation, by-laws and resolutions, as well as accepted office management practices.

GENERAL RESPONSIBILITIES:

Perform general reception duties, receive telephone and in-person inquiries and provide appropriate responses or direct inquiries to the proper staff, sort and distribute incoming mail and email, assist with arrangements for meetings, receptions and special events as required, perform other such related duties as may be assigned and open and staff the office in absence of full-time office staff.

SPECIFIC RESPONSIBILITIES:

Assist with creation of tax billings for mailing, assist with creation of community newsletter for mailing, undertake filing by placing documents into the files marked on the documents for filing (i.e. not making independent filing decisions for unmarked documents), accept building applications, review applications for completeness and submit to the Chief Building Official for approval, issue fire permits, place emergency notices on the Municipal Website as authorized, assist with the compilation of the council agenda including assembling and photocopying the council package.

EDUCATION/EXPERIENCE REQUIRED:

Completion of post-secondary education in a related field is preferred but not mandatory. Experience as an Administrative Assistant in an office setting is preferred but not mandatory. Customer service experience is required.

SKILLS REQUIRED:

Testing may be undertaken during recruitment to demonstrate that a candidate has the following skills:

Time management and organization skills, strong administrative, research and analytical skills, ability to communicate effectively and concisely, both orally and in writing, ability to exercise good judgment, remaining sensitive to the needs and opinions of co-workers and the public, ability to work independently with minimal supervision, superior customer service skills and the ability to deal with the public and staff in a courteous and tactful manner, ability to work well under pressure and meet deadlines in a fast-paced environment with the ability to multi-task. A background in municipal government and finances would be an asset and an ability to lift heavy boxes, up to 13 kg (30 lbs).

O'Connor Taekwondo



Classes Every Tuesday and Thursday 7:00 p.m.
Fridays at 6:00 p.m.

(O'Connor Community Centre, 330 Hwy 595)

- Self Defense
- Self Discipline
- Respect
- Confidence
- Perseverance

Learn in a fun family environment.

Call today (807)252-0842



Service Ontario channel for not-for-profits

The Ontario Ministry of Citizenship, Immigration and International Trade has created a new section dedicated to not-for-profits (NFPs) on ServiceOntario. We invite you to visit the website at the following address:

www.ontario.ca/notforprofits

This bilingual one-stop shop comprises 600+ distinct pages providing guidance on how to start and manage your not-for-profit or charitable organization. NFPs can get information about the laws and regulations that apply to them. The site also includes the first Ontario wide Funding Directory that lists Ontario government grant opportunities. Research about the sector can also be found as well as the different Ontario government programs that support the sector.

GET MOVING AND GET HEALTHY!



EASY TO FOLLOW LOW IMPACT AEROBICS THAT INCLUDES FULL BODY TONING
Exercise with a variety Leslie Sansone DVD's projected onto the wall of the gym.
Have fun while getting healthy!

Time:

Monday thru Thursday: 10:00 - 11:00 a.m.
If interested call Karin Nelson at 475-9213

Free of charge

Place:

The O'Connor Free Methodist Church
Basement gym
293 Sitch Road
(Near the corner of Sitch and Earl Roads)
O'Connor Township.

SPRING WORD SEARCH

April, biking, birds, buds, crows, Easter, exercise, flowers, fresh air, garden, grass, hiking, leaves, melt, planting, robins, showers, spring, streams, trees, water, walking

C	V	M	X	Q	P	L	R	N	A	Q	Z	T	L	F	N	G	B	N	X
S	D	U	B	I	F	W	C	K	A	C	G	N	I	T	N	A	L	P	I
V	W	G	Q	I	S	W	R	Q	Y	A	X	P	B	R	W	U	H	U	W
M	N	U	D	G	R	C	O	U	A	S	E	W	Z	E	Q	G	D	U	W
I	P	I	N	A	B	D	W	K	U	U	E	J	O	E	R	H	G	G	A
U	H	G	N	I	R	P	S	I	L	O	T	Z	G	S	C	T	Y	V	L
H	A	B	Q	G	I	J	Z	G	E	S	I	C	R	E	X	E	E	S	K
V	J	X	O	F	G	Q	O	T	W	Z	D	L	A	M	M	A	L	K	I
X	A	H	F	Y	N	C	Z	J	B	Z	G	R	S	K	O	S	Z	M	N
L	M	V	T	B	I	A	P	R	I	L	U	F	S	D	X	T	V	P	G
G	H	D	T	Y	K	Y	J	C	K	T	R	G	J	O	O	E	C	U	M
Q	C	R	K	U	I	L	V	A	I	V	S	N	I	B	O	R	T	X	W
G	F	R	E	S	H	A	I	R	N	E	H	G	X	D	F	M	S	B	A
P	K	L	O	X	F	X	S	M	G	A	R	D	E	N	S	D	T	V	B
D	Q	X	O	O	T	X	R	G	Q	U	O	X	F	M	W	C	R	R	B
I	Z	U	B	W	P	Z	K	R	E	C	C	M	V	P	J	U	E	A	Q
X	G	J	A	M	E	L	T	T	L	E	A	V	E	S	M	W	A	L	A
L	J	T	X	G	A	R	W	I	Q	V	J	V	X	R	I	C	M	B	W
I	E	U	G	W	U	P	S	H	O	W	E	R	S	S	V	V	S	R	R
R	Q	X	Y	Z	K	W	R	Q	Q	L	Q	S	X	Q	L	J	E	H	P

O'Connor's Women's Institute

The Women's Institute meetings are held the second Monday of every month at 1:00 pm. Come and join us, everyone is welcome! Phone Rose at 577-7031 for more information.

Upcoming Events:

O'Connor Strawberry Festival July 3, 2015

NORWEST COMMUNITY HEALTH CENTRES – MOBILE HEALTH SERVICES

April 2015



NorWest Community Health Centres
Centres de santé communautaire NorWest

Mon	Tue	Wed	Thu	Fri
Nurse Practitioner: Walk-in appointments available. Foot Care Nurse: By availability and appointment only. For more information or to book an appointment, please contact the Mobile Health Services Coordinator at 807-626-8474			2 O'CONNOR 12-6pm Community Centre UPSALA 10am-3pm Community Centre	3
6	7 SHEBANDOWAN 9.30am-4pm Community Centre ARMSTRONG 1-7pm Norwest CHC Clinic	8 GULL BAY 9:30am-2:30pm Gull Bay Health Clinic	9 NOLALU 9.30am-4pm Community Centre	10
13 KAMINISTQUIA 9.30am—4pm Community Centre	14	15	16 UPSALA 10am-3pm Community Centre O'CONNOR 12-6pm Community Centre	17
20	21 NEEBING 12-6pm Township office	22	23 NOLALU 9.30am-4pm Community Centre	24
27 KAMINISTQUIA 9.30am—4pm Community Centre	28 MURILLO 9.30am-4pm Community Centre	29	30 O'CONNOR 12-6pm Community Centre UPSALA 10am-3pm Community Centre	

= **Diabetes Services Available**
 = **Dietitian Available**

NorWest CHCs is located at
525 Simpson St
Thunder Bay, ON
P7C 3J6
Tele: 807-622-8235
TF: 807-357-5454
www.norwestchc.org
Find us on **facebook**



SPANISH PORKCHOPS WITH RICE

- | | |
|-----------------------------------|---------------------|
| 1 Tbsp. fat | 1/2 tsp. salt |
| 4 loin pork chops, 3/4 inch thick | 1/4 tsp. pepper |
| 1/2 cup uncooked rice | 1/2 tsp. paprika |
| 1 cup sliced onions | 1 tsp. sugar |
| 1/4 cup minced green pepper | 28 oz. can tomatoes |

Melt fat in skillet, add chops and brown on both sides. Remove chops to a 2-quart casserole, arrange them around the sides of casserole to provide space in the center for rice; add rice. Add remaining ingredients to skillet in which chops were fried. Stir to pick up drippings. Pour over pork chops; cover. Bake at 400 F for 45 minutes. Lorna Buob

Share your Recipes

We are still looking for recipes to publish monthly in the Cornerstone. If you have a favorite recipe please send to the O'Connor Municipal Office by mail, e-mail or through the mail slot on the front door entrance. We had an opportunity to taste first hand the culinary talents of O'Connor and area residents at the December 6th potluck dinner that was held in the Community Centre and this is the opportunity to share.

E-mail recipes to twpoconn@tbaytel.net or through it in the mail addressed to:

Township of O'Connor
R.R. #1,
Kakabeka Falls, ON
P0T 1W0



Ministry of Transportation

is currently reviewing the statutory framework for off-road vehicle (ORV) safety in Ontario. The Ministry is seeking feedback on various ORV-related safety issues from different groups and organizations and the general public.

This review seeks to broadly examine and gather input on a number of ORV-related issues, including the potential for extending on-road access for single-rider all terrain vehicles (ATVs) to additional ORV types (eg. Two-up ATV's, side-by-side ATVs, utility terrain vehicles), a minimum ORV operating age, mandatory helmet use and rider training.

Comments are due to the Ministry by April 13, 2015.

To find more information go to

www.ontariocanada.com/registry/view.do?postingId=17902

REMINDER! NEW TAX CREDIT To Benefit Farmers & Communities

A new tax credit – the only one of its kind in Canada!

Our government's **Food Donation Tax Credit for Farmers** is giving farmers a **tax credit valued at 25%** of the fair market value of the agricultural products they donate to community food programs, including food banks and student nutrition programs.

The tax credit is a part of the Ontario government's local food strategy and Local Food Act, 2013, to promote the good things that are grown and harvested across the province.

Bill Mauro MPP
THUNDER BAY-ATIKOKAN
Thunder Bay Constituency Office
240 Syndicate Ave. S. • 623-9237

www.billmauro.onmpp.ca



4th Annual Rural Health Fair

Emergency
Preparedness

Are **YOU**
Prepared?

- Free
- Build an emergency kit
- Hands on demonstrations
- Over 50 exhibitors
- Prize draws
- Rural Cupboard food drive

Thursday May 7th, 2015
1:00 pm to 7:00 pm

NORWEST RECREATION CENTRE
40 HIGHWAY 588 KAKABEKA FALLS
(CORNER OF HWY 11/17 & HWY 588)

For more information:

www.norwestchc.org
www.facebook.com/NorWestCHC
speirce@norwestchc.org
Shaun 626-7863 or Jodi 626-7856



NorWest Community
Health Centres
Centres de santé
communautaire NorWest

Outdoor Skating Rink

The rink is official closed for the season and the Township would like to send out a big Thank you to Greg Biloski and Edward Charette who prepared the rink for skating and Dave Fernie, Joe Poohachoff and Kelly Johnson who helped keep the snow off. We hope that everyone who came out and used it enjoyed the facility and will be back again next year.

ONTARIO RENOVATES

Is your market value of your home at or below \$228,087?

Is your total household income at or below \$76,400?

Then you may qualify for an Ontario Renovates Assistance/ Forgivable Loan to a maximum of \$20,000.00 to repair home deficiencies or to provide home modification to increase accessibility for persons with disabilities.

To see if you meet all the qualifications or to apply, please pick up the Step by Step Guide and application at your Municipal Office, at the District Social Services Office at 231 May Street S., Thunder Bay or from the Thunder Bay DSSAB website.

Return Completed Applications to:
Housing Operations Division, District Social Service Office

On April 2, 2015, municipalities all across Ontario will be raising the Autism Ontario Flag to honour



World Autism Awareness Day

This event will hopefully help to raise awareness of Autism and encourage people to take the time to learn what Autism Spectrum Disorders (ASD) are all about.

Autism is a complex developmental disability that typically appears during the first three years of life. It is the result of a neurological disorder that affects the functioning of the brain.

The Township of O'Connor will raise a flag at the O'Connor Community Centre in support of World Autism Awareness Day.

O'Connor Community Club

Thank you to everyone who placed a order for the Mom's Pantry Products fundraiser. The orders will be available for **pickup on Wednesday, April 15, 2015 at the O'Connor Municipal Office between 4:30 p.m. and 6:00 p.m.** If you know that you cannot make it during those times please contact Lorna at the municipal office at 476-1451 or at home 475-3537 to make other arrangements. Thank you.

The next meeting of the Club will be held on June 17, 2015 at 7 p.m. in the O'Connor Council Chambers—330 Highway 595.

The Club is always looking for new members so if you are interested in what we do please contact any of our members or Lorna at the above numbers.

**RURAL 60 PLUS
NOTICE OF ANNUAL MEETING AND
ELECTION OF OFFICERS**

Friday, April 10th at 5 p.m.

All members are invited to the Spring Potluck Dinner followed by the Annual General Meeting with Election of Officers on Friday, April 10th at 5 p.m .

Plan to come out, renew your membership, and take part in the election of your board members and an evening of friendship – Bring a friend and introduce them to your centre and all of it's activities.

**COMING EVENT – SPRING FLEA MARKET
SATURDAY, MAY 23RD**

Spring Cleaning?? – Bring your unwanted items to the flea market for the 60+ table or rent a table – remember one person's junk is another person's treasure.

Get your tickets early for the Deacons bench constructed by Rural 60+ craftsman.

Draw will take place at the Spring Flea Market on Saturday, May 23, 2015.

Mark your calendar and plan to come out to this event. Tickets are available at Rural 60.



LOCAL TOUR

Mary Germain would like to organize a rural bus tour which would include local rural businesses and area. There will be a charge but a minimum of interested persons to pay for the bus would be required. If you are interested please call the Rural 60 office at 475-5779 and leave your name and telephone number or call Mary at 475-9689.



PERFECT FOR ANY EVENT

We have everything you need for your outdoor event.



**SIZES FROM 10'
TO 60' LONG!**

**BOOK
YOUR PARTY
WITH US
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Have an upcoming event?



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2SHELTER.COM**



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WE'VE GOT YOU COVERED

- Tents ranging from 10'x10' to 30'x60'
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OUR STORY

We partnered with Habitat for Humanity Thunder Bay, donating a portion of proceeds directly towards local Habitat operations.

**FIND OUT MORE AT
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**OR CALL
807 627 4100**



Ontario Provincial Police

THUNDER BAY OPP – APRIL NEWSLETTER

BE CAUTIOUS AND USE COMMON SENSE WITH THE ONSET OF SPRING AND IMPROVED DRIVING CONDITIONS

With the winter weather behind us, for the most part, the onset of Spring and the Easter long weekend is approaching. Officers from the Thunder Bay OPP Detachment and North West Region Highway Safety Division will be patrolling on the local highways and roadways targeting aggressive drivers, distracted drivers, impaired drivers and particular focus will be on ensuring seatbelt compliance.

With the onset of Spring also brings improved weather and road conditions. The OPP want to remind the public about seatbelt safety as many motorists and passengers let their guard down with these improved conditions. Enforcing seat belt usage and other important legislation intended to reduce high risk driving behaviour is part of the solution to keeping the motoring public safe.

Wearing your seat belt properly will dramatically increase your chance of surviving a motor vehicle collision. For every one per cent increase in seat belt usage, five lives in Canada are saved (Transport Canada). Since seat belts were made mandatory, the number of people killed and injured in collisions in Ontario has steadily dropped. All Ontario motor vehicle drivers and passengers must wear a seat belt in a properly adjusted and securely fastened manner.

At all times, limit the number of occupants in your vehicle to the number of seat belts. Unbelted occupants can become projectiles during a collision and can seriously injure themselves, other passengers, or the driver.

Every person travelling in a motor vehicle must wear a seat belt or use a child safety seat. Drivers are responsible for ensuring that passengers under 16 years of age are using the seat belt or an appropriate child car seat.

Police officers may request that passengers who appear to be at least 16 years of age provide their name, address and date of birth. These passengers may face a fine for not using or wearing a seat belt properly.

The set fine for Failing to Wear a Seatbelt is \$240 plus two demerit points.

Seatbelts save lives, wear yours and ensure all passengers are buckled up!

DISTRACTED DRIVING DEATHS POSITIONED TO SURPASS IMPAIRED DRIVING DEATHS FOR SEVENTH CONSECUTIVE YEAR

The OPP's 2015 collision data is shaping up to see a seventh consecutive year in which inattentive driving surpasses impaired driving as a causal factor in the fatal collisions it investigates. Both of these fatality categories are dangerous, preventable driving behaviours that result in the senseless loss of life on Ontario roads every year.

OPP collision data reveals that driver inattention was a causal factor in 12 of this year's 51 fatal collisions to date. In five of the fatal incidents, it was the driver who was found to be driving inattentively who died. In two incidents, the driver who died did nothing wrong and was driving properly at the time of the collision. Three of the incidents involved a pedestrian being struck by a vehicle. Nine of the deceased were males, three were females and their ages range from 33 to 88 years old.

"Distracted driving is a danger to all road users. Fortunately, these same road users are in a position to help put a stop to it. We want to see everyone develop and maintain a complete intolerance for distracted driving and make it the socially unacceptable driving behaviour that it should be," said Chief Superintendent Chuck Cox, Commander of the OPP Highway Safety Division.

What can you do to help?

- Be mindful that distracted driving poses a significant threat to the well-being of your family and friends;
- Start conversations about distracted driving with your family, your friends, your colleagues and shed the negative light on it that it deserves;
- If you are in a vehicle being driven by someone who is driving while distracted, always speak up. Be firm and say: "Enough! Too many people are dying because of distracted driving. It needs to stop and you need to stop". Make this your new attitude every day.
- If you see someone driving in a dangerous manner while driving distracted, call 9-1-1 to report them.
- Be self-disciplined every time you get behind the wheel; do not allow yourself to be distracted in any way while you are driving.

April is.....

Sexual Assault Awareness and Prevention Month

7- World Health Day

19-25- National Victims of Crime Awareness Week

Providing Quality Rural Land Development Services



CONTRACTING AND LAND DEVELOPMENT INC.

Kim Kydd

Cell: 807-621-4860

Phone: 807-473-9100

“We’re the Guys”

Shawn Kydd

Cell: 807-627-4296

Phone: 807-473-1951

- ✓ *Septic Certified*
- ✓ *Heavy Duty Mechanical Repairs*
- ✓ *Welding & Fabricating*
- ✓ *Snow Plowing & Snow Removal*
- ✓ *Gravel Truck Services (sand, gravel, topsoil, manure etc.)*
- ✓ *Backhoe Services*
- ✓ *Bulldozer Services*
- ✓ *Excavator Services*
- ✓ *Fence & Gate Installation*
- ✓ *Trail Creation & Maintenance*
- ✓ *Field Disking*
- ✓ *Field & Brush Cutting*
- ✓ *Small Building Projects*
- ✓ *Debris Removal*
- ✓ *Site Preparation*
- ✓ *Skid Steer Services*
- ✓ *Changing or Installing Culverts*
- ✓ *Well Trenching*
- ✓ *Ditching & Drainage*
- ✓ *Driveway Repairs & Grading*
- ✓ *Land breaking & Clearing*
- ✓ *Land & Field Recovery*
- ✓ *Firewood*

[Check out our webpage or visit us on Facebook](#)

Email: kandscontractinginc@gmail.com

Webpage: <http://kandscontracting.ca>

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**WOOD
PELLETS!***

**H&H Importers
and Sales** (Thunder Bay) Inc.



939-1152
3879 Hwy 11/17W



My staff and I are always ready and willing to assist you access a variety of federal programs and services and to discuss any issues of concern for you, your family, and friends.

We look forward to hearing from you!

John Rafferty, MP.
Thunder Bay - Rainy River

Just some of the federal programs and services that my hard working staff can help you access...

- * *Canada Pension Plan (CPP)*
- * *Old Age Security (OAS)*
- * *Federal Income Tax issues (CRA)*
- * *Border Issues (CBSA)*
- * *The Disability Tax Credit (DTC)*
- * *Employment Insurance (EI)*
- * *Immigration and Citizenship*
- * *Veterans Affairs Canada (VAC)*
- * *Small Business Grants*
- * *Passport Applications/Renewals*

Atikokan Constituency Office

218-A O'Brien St.
P.O. Box 40
Atikokan, ON P0T 1C0
Tel: 807-597-2000
Fax: 807-597-2227

Thunder Bay Constituency Office

409 George Street
Thunder Bay, ON P7E 5Y9
Tel: 807-623-6000
Fax: 807-623-6001
Toll-free: 1-800-667-6186

Fort Frances Constituency Office

140 4th Street West
Fort Frances, ON
P9A 3B8
Tel: 807-274-9313
Fax: 807-274-3597

www.johnrafferty.ndp.ca



Nature's Tiny Workers Put Food on Our Tables

Cross-pollination helps at least 30% of the world's crops and 90 % of our wild plants to thrive. Pollinators include birds, butterflies, bumble bees, mason bees, honey bees, etc (but not wasps, which are predators.) Without bees to spread pollen, many plants—including food crops—would die off.

Foods in your garden or yard relying on bees include:

Fruit trees

Blueberries, cherries, cranberries, strawberries, raspberries, melons and other fruits

Cucumbers (and the pickles made from cucumbers) broccoli, brussels sprouts, cabbage, etc.

Onions, carrots, beans, squash and many other vegetables



All pollinators, including bees, are in trouble. In urban settings, habitat for bees in surrounding fields/gardens has disappeared in favour of concrete, asphalt and manicured lawns. In our own gardens, we need to make sure we use alternate crops so that different plants offer flowers all season long. Monoculture (growing just one crop) leaves the bees without a food source through the entire season.

In our flower gardens we need to make sure we are choosing flowers that are bee-friendly. If possible, choose plants native to our area and heritage/heirloom flowers. Hybrids are bred for their colour or smell, but the genetic modification often eliminates what is useful to the bee.

When planting crops and flowers, be sure that you aren't using seeds coated with a pesticide treatment or flowers grown from seed in soil soaked in pesticide. Ask your nursery if they use organic treatments for insect control. Ask if the flowers you are buying were bought as plugs by them, and if so, have they asked their supplier whether those sprouts were grown using systemic pesticides. The systemic pesticide does not leave the plant even if it has been reported by the local greenhouse or nursery.

Systemic insecticides are drawn up and retained in all parts of the plant, including the flower, where the pollinator comes in contact with it. Pesticides will affect the bees in different ways; for example, neonicotinoids appear to affect the bees nervous system making it difficult for them to find their way home. TreeAzin, used for Emerald Ash borer, is taken back to the hive and kills off the bee larvae.

An insecticide kills insects; many of the pollinators are insects, including bees. The chemicals do not differentiate between good insects and the not-so-welcome bugs.

More than \$15 billion a year in crops are pollinated by bees; fewer bees means lower crop yields and increased production costs. It's in everyone's interest to protect our pollinators, including the bees.

PLANT A ROW GROW A ROW

For the rural food bank.

Put your gardening skills to use for people in need.

The Gillies Community Centre's Seed Swap & Social invited all rural gardeners to grow an extra row of vegetables, or earmark fruit and vegetables from your garden for donation to the rural food bank.

In 2014 the rural food bank:

- * Filled 827 hampers
- * Served 1,909 adults and 430 children
- * Had 50 new households join

Your gardening skills could **make a difference** to someone in your rural community!

Bring in your fresh produce the day of the food bank
(in the Redeemer Lutheran Church, Kakabeka)
the third Wednesday of each month before 11:00 a.m.

Root vegetables are best; however, any produce items that can be easily handled and stored, such as cabbage, carrots, peas, beans, tomatoes, radishes, parsnips, sweet peppers, summer squash, etc.

Thank you for your endeavours to help other in your Community. It is much appreciated.

Gillies Community Centre Bulbs and plant from Vesey's Seeds Canada

Sales end Sunday, April 19th
50% of sales revenue goes to
supporting the
Gillies Community Centre

Volunteers wanted to participate in
the sales

Contact Wendy for sales or for
more information on
how to volunteer
alegriafarmandgarden@gmail.com



Test your Well Water

Public Health Ontario—offer free Bacteriological Analysis of Drinking Water for Private Citizen, for single household only.

Water bottles are available for pickup at the O'Connor Municipal Office. For more information you can contact the Thunder Bay District Health Unit at 625-5900.

Celebrate Spring!

Stonecroft Ministries Canada stonecroftcanada.org
Invites you to attend
TownePlace Suites by Marriott – 550 Harbour Expressway

Tuesday, April 21, 2015 7:00 – 9:00 p.m.
Wednesday, April 22, 2015 9:30 – 11:30 a.m.
Cost at Door - \$10.00 Refreshments included

Feature: Slate River Dairy Farm: Wilma Mol
Music: Eshani Perera
Speaker: Renee Korobanik—In Jail with God

RSVP by April 19, 2015
Rose 807 767 8461 or Connie 807 628 8484
Cancellations appreciated



TOPS

(Take Off Pounds Sensibly)

...a friendly local weight-loss support group

TOPS is a non profit, non commercial weight loss support group. We offer outstanding support to take and keep off pounds sensibly.

The Nolalu chapter meets every Wednesday at the O'Connor Community Centre. Weigh in starts at 6:15 pm and the meeting at 7:00 pm.

Membership is \$32.00 annually and \$1.00 a week for dues. Bring a friend or family member and come see what we have to offer.

There are 16 TOPS chapters in the Thunder Bay and rural areas.

For more information please call
Rose Marie Shandruk at 577-5924 or Donna at 475-4771

O'Connor Conmee Fellowship Baptist Church

"TENEBRAE" means "darkness" or "shadows" and is a meditation service of the Lord's suffering just prior to His death on "Good Friday", using the power of silence and darkness to dramatize those somber hours. Join with us at 8:00 p.m., Thursday, April 2 for communion, singing, and mediation on the Word of God.

One of the most important days on the Christian calendar is Easter Sunday, the day to joyfully celebrate the Lord risen from the dead. **Feel free to join with us for Bible-centered worship, fellowship and, of course refreshments at 10:45 a.m. Sunday, April 5, or any Sunday at that time.**

Questions about these special services or anything pertaining to your relationship with God can be directed to:

Chris Frey: Pastor
O'Connor Conmee Fellowship Baptist Church
3 Holomego Rd, on Hwy 595

THUNDER BAY BLUEGRASS & OLD TIME MUSIC ASSOC.

PRESENTS

CHILI & BLUEGRASS!

APRIL 23rd

At the Oliver Rd Community Centre



\$10/ person

Includes Chili, bun, salad, dessert & beverage

starting at 6:00 p.m.

*Music starts at 7p.m. featuring:

ELIZABETH HILL
R & D RAILROAD
ROB, GARY & the BIRD



FOR MORE INFO CALL GARY: 939-1436



"JAMMIN in the COUNTRY"

At the

O'CONNOR FREE METHODIST CHURCH
(Corner of Sitch & Earl Rds)

4th SUNDAY OF EVERY MONTH
7 to 10 pm

ANY INSTRUMENT | ANY STYLE

SPECTATORS WELCOME - REFRESHMENTS
Free will offering taken for the local food bank.

For more information call Paul @ 475-8973



The O'Connor Community Centre

When planning your next special occasion please keep in mind that the Community Centre has recently been upgraded with new kitchen appliances both upstairs and downstairs, paint on all levels and it has been equipped with an accessible lift. The Centre's capacity is 132 people when a liquor licence is required. Maximum capacity is 162 people. Please call the Municipal Office at 476-1451 for more information.

O'Connor Hall Rental Fees:

- Social with Liquor - \$150.00
- All day rental no liquor - \$100.00
- 1/2 day or evening - \$50.00
- Use of Kitchen - \$25 (May 1st - Oct 31st),
- \$50 (Nov 1st to Apr 30th)

\$50.00 damage
deposit may be
required.

Call to book your event at 476-1451.

CORNERSTONE ADVERTISING

The fee structure for advertising in the Cornerstone has been set by Council.

- Business Ad - 7.50, Full Page Ad - \$15.00
- Personal/Classified Ads - \$5.00 (ie garage sale)
- Birthday, Anniversary, Baby Announcements - \$2.00

Individual mailing to non-ratepayers Annual Fee: \$25

Deadline for ad submission is the 25th of the Month.

JOIN US!
AS WE CELEBRATE



EASTER

O'Connor Free Methodist Church

Good Friday Service: April 3rd at 7:00 p.m.

Easter Sunday Service: April 5th at 10:45 a.m.

293 SITCH ROAD

O'CONNOR TOWNSHIP

NEAR THE CORNER OF SITCH AND EARL ROADS

CENTRAL UNITED CHURCH

www.KakabekaUnitedChurch.org
Clergue St., Kakabeka Falls, Phone: 473-9197

Regular Sunday Service 10:00 am
Sunday School Available, Children Welcome

April 3 - Good Friday - Service 10 a.m.
Leader Jackie Carnes

April 5—Easter Sunday 8 a.m.
Sunrise Service at Kakabeka Falls Provincial Park
Light Breakfast to follow at Central United
10 a.m. Resurrection Service including Communion

April 12 - Leader Peggy Garnett

April 19th - Guest Leader - Jim Hyder
Earth Sunday

April 26 - Leader - Grant Arnold
Camping Sunday

Monday evening drop in at 7:00 p.m. Ladies bring your
knitting etc. or just come for a chat and a cup of tea.

For basement rentals call - 473-4929

St. James' Anglican Church

Country Warmth in Christ
John St. Road at Calvert, Murillo
Sunday Service & Sunday School: 11:00 a.m.
Interim Rector and Canon: Paul Carr (939-1103)

St. Mark's Anglican Church

Country Warmth in Christ
St. Marks St., Rosslyn Village
Sunday Service & Sunday School: 9:30 a.m.
Thursday Eucharist: 10:00 a.m.
Interim Rector and Canon: Paul Carr (939-1103)

Redeemer Lutheran Church

www.redeemerlcc.ca
Hwy 11/17, Kakabeka Falls, ON
Sunday Service: 11:00 a.m.
473-9164

St. Theresa's Roman Catholic Church

10 Porter St., Kakabeka Falls
Sunday Mass: 11:00 a.m.
www.dotb.ca
Parish Priest: Fr. Joseph Arockiam
935-2898 (Rectory)

O'Connor Free Methodist Church

293 Sitch Road
Near the corner of Sitch and Earl Roads in
O'Connor Township
www.oconnorfreemethodist.org



Pastor Chris Fiorito

Sunday Worship Schedule:

Adult Bible Study ~ 9:30 a.m.
Morning Worship Celebration ~ 10:45 a.m.
Children's Sunday School ~ 10:45 September to June

We're a friendly and vibrant church with something for
everyone!

Children

Nursery ~ every Sunday morning
Sunday School ~ 10:45 am Sundays September to June
Junior Youth (ages 10 to 12) ~ Every 2nd Monday 7-8:30 pm
Contact Anna Lebel at 577-9047 for more info
Senior Youth (ages 13 to 18) ~ 1st & 3rd Friday each month
Contact Suzanne Fiorito at 626-6083 for more info

Adults

Men's Coffee ~ Earl Hall every Thursday 10:00 a.m. Contact
Gary at 623-6331 for more info
Gals of Grace ~ fellowship & fun ~ last Friday of the month
contact Lesley at 621-8402
WMI ~ Ladies missions meeting monthly

Pastor Chris Fiorito
577-2363 ~ 933-4655 ~ cell 624-6579

O'Connor-Conmee Fellowship Baptist Church

Sunday: 10:45 a.m. ... worship for all ages



Small Group Studies... please phone for
information



Last Sunday of Every Month (except summer)... At 5:30
p.m., pot-luck supper, then at 7:00 p.m., a time of music,
or a film, or a fun-night. Feel free to join us!!

O'Connor-Conmee Fellowship Baptist Church
3 Holomego Rd, corner of Hwy 595
Pastor: Chris Frey
Phone: 475-7720
Cell: 627-1133



2 Bit Auction

19 Holland Road West

Grab your quarters

Every basket is filled with amazing items!

Saturday, April 11th

Doors open at 6:15 pm and event begins at 7:00 pm

Tickets are available at the
Municipal Complex - \$5.00 each



475-5229



www.conmeesk8park.com

In support of the Conmee Sk8Park