

The Cornerstone

APRIL 2023

Emergency Contacts: Medical Emergencies: 911

Municipal Office Hours: Monday to Thursday:

Fridays: 9:00 am to Noon

Fire: 911



PLEASE NOTE: The Township Office will be closed Friday, April 7th and Monday, April 10th for Easter weekend.

MUNICIPAL PROPERTY TAXES

The second installment of O'Connor Property Taxes is due Friday, April 28th. Please see your tax bill, which was sent out in February 2023, for the amount due. Payments of cash or cheque can be dropped off at the Township Office located at 330 Highway 595. Cheques may also be mailed to RR#1, Kakabeka Falls, ON., POT 1W0. Alternative methods of payment include etransfer, internet, or telephone banking. For more information, please visit the Township website or call the Township Office at 807-476-1451.

DISPOSAL SITE SWITCHING TO SUMMER HOURS

PLEASE NOTE: Disposal site hours will switch to summer hours effective April 1st and will remain in effect until August 31st. See complete hours on this page.



LOAD RESTRICTIONS IN EFFECT (Half Loads)

Load restrictions will be applied to all Township of O'Connor roads starting Monday, April 3, 2023 and will continue during the period designated by the Township of O'Connor. The Township of O'Connor reserves the right to extend the load restrictions due to the weather and/or road conditions after the MTO has lifted their restrictions. MTO has also placed load restrictions on Highways 595 & 588 effective April 2, 2023 at 11:59 pm.

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FIRE PERMITS

Fire Permits required between Apr. 1st and Oct. 31st.

- Fire Permits are required for ALL outdoor burning, including fireworks and incinerators, with the exception of small campfires for cooking or warmth,
- Permits may be revoked at any time at the absolute discretion of the Township's Fire Chief, Henry Mattas,
- Fire Permits are now valid for the entire fire season and can be obtained online through the following steps below:

STEP 1: Register online at: https://oconnor.burnpermits.com/ If you have already registered a previous year, please skip to Step 2. STEP 2: Using the same login information from previous years, follow the steps at the above web address to apply for your burn permit. STEP 3: Call 1-833-490-0299 each time before you burn. Calling this number before you burn is mandatory to ensure the Township is aware of all active burns, while providing you with the necessary risk level information.

If you are unable to register online for your yearly fire permit, you may call the Township Office at 807-476-1451 and staff will help get you registered so that each time you burn, you need only call the number in Step 3 above.

O'CONNOR FIRE DEPARTMENT AUXILIARY ANNUAL BBQ STEAK DRAW

Licence #M709300 Must be 18 or older to participate.

1st PRIZE - 30 BBQ Steaks 2nd PRIZE - 20 BBQ Steaks 3rd PRIZE - 10 BBQ Steaks

Draw Date is Saturday, June 17th, 2023 at the O'Connor Community Centre at 7:30 p.m. Tickets are \$2.00 each or 3 tickets for \$5.00. Only 5000 tickets to be sold! Get them before they sell out! Tickets available at the O'Connor Township Office or from any of our amazing volunteers.

Get your tickets today and support O'Connor's Volunteer Fire Department!

Office Phone: 807-476-1451 Fax: 807-473-0891 807-476-1453 Garage: Community Centre: 807-476-1452 Website: www.oconnortownship.ca E-mail: twpoconn@tbaytel.net Find the Cornerstone on our website! **Disposal Site Hours:** Summer Hours (Apr 1 to Aug 31) Tuesdays 6:00 pm to 9:00 pm Saturdays 9:00 am to 3:00 pm Winter Hours (Sept 1 - Mar 31) Tuesdays 3:00 pm to 6:00 pm Saturdays 9:00 am to 3:00 pm

Police: 911

9:00 am to Noon & 1:00 pm to 5:00 pm

Volunteer Fire Department:

O'Connor needs volunteer firefighters and first responders! For more information or questions on volunteering, please see page 3 for contact numbers.

Dog Control Officer: Margaret Foster, 807-632-1235

Building Permits:

By-law Number 2016-12, being a by-law respecting Construction, Demolition, Inspections, and to set out the rates for permits within the Corporation of the Township of O'Connor states that building permits will be required for the construction, erection, alteration, repair, removal, relocation and change of use of all buildings, decks or structures within the Township of O'Connor. If you are building anything larger than 161.2 square feet or any building with heating and/or plumbing, you are required to apply for a building permit. For more information, please call the Township Office or the Township's Chief Building Official, Martin Tempelman, at 807-630-9726.

Applications are available on the Township website or at the Township office.

Oliver Paipoonge Library Hours:

Rosslyn - Tues & Thurs 10 am - 8 pm Fridays 10 am - 3 pm Saturdays 1 - 4 pm

Murillo - Mon & Wed 10 am - 8 pm Saturdays 9 am - 12 noon Email: oplibrary@tbaytel.net

http://oliverpaipoonge.olsn.ca/

Thunder Bay District Health Unit: 807-625-5900 Toll Free: 1-888-294-6630

Telehealth Ontario:

1-866-797-0000 Call Ontario 2-1-1 to find programs and services in your area.

COUNCIL MEETINGS

The next meetings of Council will be held in Council Chambers and virtual:

Tuesday, April 11th @ 7 pm - Regular Meeting of Council **Monday, April 24th @ 6 pm** - Fire Department Budget followed by the Regular Meeting of Council at 7 pm **Monday, May 8th@ 6 pm** - Roads Department Budget followed by the Regular Meeting of Council at 7 pm

The meetings of Council will be held in Council Chambers at 330 Highway 595. Virtual attendance at these meetings will remain an option for those not wishing to attend in person. To view agendas or attend virtually, please visit the Township website at www.oconnortownship.ca to access the meeting links through the "Council" page. Council welcomes your involvement.

Mayor: Jim Vezina, 807-577-6735

Councillors:

 Alex Crane, 807-473-9420
 John Sobolta, 807-624-8025

 Bishop Racicot, 807-577-2215
 Carly Torkkeli, 807-620-2579

🎪 Dogs Running at Large

The staff of the Township of O'Connor would like to remind all dog owners to keep your dogs on your own property. In case you didn't check your dog's leashes and collars recently, now is the perfect time to check for cracks, tears and breaks. Since you've changed the batteries in your smoke detectors, make it a good time to change the batteries in your battery operated dog leashes at the same time. We ask that people do their due diligence in maintaining these safety measures, as not just for the safety of neighbours and passers by, but also for the safety of your dogs. Thank you!

RETIREMENT CONGRATULATIONS

The Township of O'Connor Council and Staff would like to wish Ian Robson the very best in his retirement. Mr. Robson worked for the Township of O'Connor as the By-law Enforcement Officer for almost 13 years and retired January 2023.

Congratulations on your retirement lan! We wish you the best of health, happiness, and relaxation as you enjoy your family time.

RETIREMENT CONGRATULATIONS

The Township of O'Connor Council and Staff would like to send their congratulations to Ken Yanishewski as he retires from his position as Chief Building Official. Mr. Yanishewski worked for the Township of O'Connor as the CBO for the last 3 1/2 years and retired March 2023. Congratulations on your retirement Ken! Enjoy the exciting new journey you're about to embark on and embrace all the things you can do now.

RETIREMENT CONGRATULATIONS

The Township of O'Connor Council and Staff would like to wish Dennis Ehn a very happy retirement. Mr. Ehn worked for the Township of O'Connor as the Disposal Site Caretaker for the last 5 years and retired March 2023. Congratulations Dennis and all the best for a fulfilling and relaxing retirement.

🚁 DISPOSAL SITE

Please note that the Disposal site hours will switch to summer hours effective April 1st and will remain in effect until August 31st. See complete hours on the cover page of this month's issue of the Cornerstone.

Please remember that everyone must bring their Disposal Site Card to the site when disposing of garbage as staff continue to get to know everyone.

EARTH DAY IS APRIL 22ND!!

It's that time of year again to plan your Earth Day Spring Clean-up. Whether you join forces with family, friends or neighbours, grab your boots and gloves and get out for some yard and neighbourhood clean-up!

Not able to get outside? Perhaps the house is in need of a good declutter. Get rid of items you no longer use or need. Decluttering can you give you that boost of energy you need to regenerate after a long winter.

Tackle the closet, but make sure you're in the right frame of mind to be ready to seriously think about letting some items go. Be honest with yourself. If you haven't worn it in a year, consider donating it. You can make yourself feel better by getting rid of items if you're giving them for a good cause . Bring your gently used clothing to the O'Connor Township Office to donate for the O'Connor Clothing Giveaway Sunday, April 23 (clothing accepted until April 21st). Don't just stop at the closet.

Go through your paperwork and recycle papers you no longer need. Please keep any shredded paper in clear bags to drop off at our recycle bin. Any other papers should be kept loose in the recycle bin.

Check out the pantry and donate any items you don't think you will consume before the "best by" date. Food items can be brought to the O'Connor Township Office for the Rural Cupboard Food Bank, or dropped off at the Blessing Box at the corner of the O'Connor Community Centre.

Have any old bedding or towels? Don't throw them out! Cut them up into rags and give to friends and family for cleaning in the house or garage. Don't want to take the time to cut them? Donate them to the Salvation Army. They'll cut them up and repurpose them.

Kitchen counters, cupboards and drawers are another good place to declutter. How much stuff accumulates on your kitchen counter or has the junk drawer been a little difficult to close these days? Clear out any of those kitchen gadgets and containers you no longer need or use. Make sure you're only storing as many containers as there are lids. Check them for the recycle symbol if you can't repurpose them for the shed or garage.

What about the bathroom? It's time to clear out any old make up, toiletries or personal use items you no longer need, didn't like or use. Recycle whatever bottles can be cleaned and disposed of and give away the products you didn't use to a family member or friend.

Declutter the house and your mind! A clean house is a happy house!

Please check our website at www.oconnortownship.ca for more information in our Waste Disposal Guide to properly dispose of your waste and how you can sort, reuse, repurpose, and donate your items.

WELCOME

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The Township of O'Connor Council and Staff would like to welcome Gloria Henderson as O'Connor's newest staff member as Casual Disposal Site Caretaker! Welcome to the team Gloria!



Volunteer Fire Department News

Since the last newsletter, the O'Connor Volunteer Fire Department received 0 Fire calls and 0 First Response calls.

BECOME A VOLUNTEER! WE NEED YOU!!

The Township of O'Connor is looking for volunteers for O'Connor's Volunteer Fire Department and First Response Team. Volunteer firefighter training occurs on a weekly ongoing basis and now is the perfect time to join our First Responders as the First Responder Training will be taking place very soon. Our community needs more volunteers to ensure that in the event of an emergency, our residents will be taken care of as fast as possible. Without a Volunteer Fire Department, residents can also expect an increase in their insurance rates. For questions on volunteering for the O'Connor Volunteer Fire Department, First Response and/or Auxiliary, please call:

> Fire Chief Henry Mattas at 807-628-3523 **Volunteer Fire Department** Leanne at 807-475-5828 Volunteer First Response Cheri at 807-621-5768 Volunteer Fire Department Auxiliary

PLEASE NOTE: To apply for the Volunteer Fire Department, First Response or Auxiliary team, applications can be found on the Township of O'Connor website at www.oconnortownship.ca.

Your Volunteer time could make a difference in someone else's life.

SPRING FIRE SAFETY CHECKLIST

- Clear the gutters of any debris. *
- Trim trees and bushes close to your house.
- Keep your fire number visible from the road.
- Clean and inspect your BBQ. Never cook with * propane burners or BBQ's indoors.
- Store fuel and other combustibles safely.
- Visually inspect electrical cords and outlets.
- Have a qualified technician do a performance check * on your air conditioner for proper maintenance. Don't forget to test your smoke alarms monthly.

Ensuring your smoke alarms are working properly could save your life.

O'CONNOR SKATING RINK

Thank you to all the Volunteers that helped this season to keep our rink maintained. Due to the warmer temperatures, the rink is now closed for skating. Once the surface is dry, please come enjoy the smooth surface for summer fun!

O'Connor's History Book

"First Hundred Years Of Country Living At Its Best" The Township of O'Connor has copies of the O'Connor History Book which commemorate the "First 100 years of O'Connor's Country Living At Its Best." Copies of the hardcover book can be purchased for \$40 at the O'Connor Township Office during regular office hours. Share the memories and get one today!



 \Rightarrow POP CANS

- ⇒ BEER CANS \Rightarrow LIQUOR BOTTLES \Rightarrow BEER BOTTLES
- For the O'Connor Volunteer Fire Department! HELP OUR LOCAL FIRE DEPARTMENT RAISE MONEY BY PUTTING YOUR CANS AND BOTTLES IN THE SPECIALIZED BINS FOR O'CONNOR!

The O'Connor Fire Department Auxiliary has pop & beer can, beer & liquor bottle bins at the O'Connor Disposal Site, the O'Connor Fire Hall, Kakabeka Falls Public School and Green Acres Variety. Using these bins helps raise money for the O'Connor Volunteer Fire Department, thus reducing the tax dollars needed during budget time. PLEASE NOTE: These bins are ONLY for pop & beer cans, beer & liquor bottles. All other recyclables should be placed in the regular recycling bins at the Disposal Site. Thanks to all who have donated to date.

FEELING EXTRA CHARITABLE? Drop the can tabs off at the O'Connor Township Office to go to the March of Dimes.

SMOKE DETECTORS & CARBON MONOXIDE ALARMS SAVE LIVES



The O'Connor Fire Department has for purchase:

Kidde Smoke Alarms	\$25.00
Kidde Carbon Monoxide (CO) Alarms	\$25.00
Kidde Combination Smoke/CO Alarms	\$50.00

Κ These units can be picked up at the O'Connor Township Office during regular office hours. For more information on fire safety, please check the Township website at www.oconnortownship.ca or ask the Township Office staff for available information pamphlets.



O'CONNOR EMERGENCY TEXT MESSAGING SERVICE

Please sign up for O'Connor's Emergency Text Messaging Service. It is free of charge and phone numbers are for this service only.

Stay informed on road closures, emergencies and updates happening in O'Connor Township.

Instructions for the Township of O'Connor Emergency Text Messaging System can be found on the township website at www.oconnortownship.ca under "O'Connor Living", "Emergency Services."

Stay informed, Starting today!

EMERGENCY INFORMATION FORMS

Have you filled out or updated your Emergency Information Form? These forms are so important to have on file at the Township Office for your safety, in the event of an emergency. As a small community, staff are always concerned of our residents' well-being. These forms give staff the information they need to ensure that your needs are met during an emergency or in the event of an emergency evacuation. It also lets staff know if you are willing to give a helping hand to your community in the event of an emergency. All information is kept confidential and used only in the event of an emergency. Find the Emergency Information Form on the Township's website under "O'Connor Living", "Emergency Services." Email or drop off completed forms to the Township Office during regular office hours or drop in an envelope through our mail slot located on the office front door.



APRIL 29/30, 2023 10 AM TO 4 PM **CLE HERITAGE BUILDING** 425 NORTHERN AVE.

OLIVER 2 PAIDOONGE Growing Naturally

PUBLIC NOTICE

Harstone Bridge Closure

Please be advised that the Harstone Bridge located on Harstone Road will be CLOSED to all traffic (vehicular and pedestrian) beginning Wednesday, March 29, 2023 at 8:00 a.m. until Thursday, April 6, 2023 at 5:00 p.m. for guardrail repairs.

Any questions or concerns during the repair work can be directed to:

Chris Bowles Director of Operations Municipality of Oliver Paipoonge Tel: (807) 935-2613



The Township of O'Connor Council & Staff would like to wish everyone a Happy Easter with family and friends.

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Hymers Fair News

By Wendy Wright

Spring has arrived and it's time to start planting your veggie and flower seeds that you plan on

Many of the categories are old favourites enjoyed by all each season, a few new ones sprinkled in and new flower arranging categories.

Do you have the best, the biggest, or the brightest of all the vegetables in the area?

Are your flowers alive with the prettiest petals, the most sumptuous scent and colours that never fade?

These may just be your categories! Check the website soon for a full listing of the 2023 Hymers Fall Fair growing sections and all the information you need to produce great entries. Have some fun, try something new and explore the new design categories.

HAPPY PLANTING!!

O'CONNOR BLESSING BOX Thank you to everyone that has donated to the O'Connor Blessing Box. The "Blessing Box" is a community pantry open to and supported by the residents of O'Connor. The Blessing Box can be found outside of the O'Connor Community Centre at 330 Highway 595. If you have any questions, please contact Shelley at 807-629-2851. If you would like to contribute to the Blessing Box, please see examples of items below to donate: • Rice • Pasta, Boxed Soup • Oatmeal,Cereal • Crackers • Pancake Mix (add water mix) • Peanut Butter • Toilet Paper, Tissue Boxes	Club team or volunteering for the club, please contact Lorna or Linda at 807-476-1451 for more information. All are welcome to attend. Meeting nights are flexible to adhere to members availability. We are always looking				
Thunder Bay Community Pasture	for new members, event ideas and activities!				
Tuesday, April 4th, 2023 8:00 p.m.	TOPS can help you reach your weight-loss goals by providing you the support, tools, and accountability needed to be successful.				
Rural 60 Centre, 5 Pineview Road, Kakabeka Falls	TAKE OFF POUNDS First meeting is FREE.				
off Hwy. 11-17 For more information contact Diana Bockus dlbockus@tbaytel.net	TUESDAYS 10:00 am - Baptist Community Church, corner of Mudlake and Oliver Roads, Murillo				
807-475-8761	10:15 am - Hope Christian Reform Church, 1315 Crawford Avenue, Thunder Bay				
Everyone is welcome to attend	5:30 pm - Blake Community Hall, 71 Blake Hall Road, Neebing				
For more information: <u>dlbockus@tbaytel.net</u>					
Kakabeka Falls & Rural District LEGION RCL Branch #225	6:30 pm - O'Connor Community Centre 330 Highway 595, O'Connor For more information, please contact 807-577-5924				
Kakabeka Legion, 4556 Highway 11-17, Kakabeka Falls					
Saturday, Apr. 1st - Dance with Quest 7:00 - 10:00 pm	NorWest Community Health Centre				
Saturday, Apr. 8th - Executive/General Meeting 2:00/3:00pm Sunday, Apr. 9th - Buffet Breakfast 8:30 am - noon	Virtual chair yoga from the comfort of your home Christine will lead you through a gentle chair yoga practice that will exercise your mind and body. Learn seated yoga postures, breathing techniques and new ways of				
Saturday, Apr. 8th - Executive/General Meeting 2:00/3:00pm Sunday, Apr. 9th - Buffet Breakfast 8:30 am - noon Friday, Apr. 14th - Rural 60+ Luncheon 12:00 - 1:00 pm Saturday, Apr. 15th - Dance with Quest 7:00 - 10:00 pm Sunday, Apr. 16th - Jam Session 6:30 - 9:30 pm Saturday, Apr. 29th - Dance with Quest 7:00 - 10:00 pm	Christine will lead you through a gentle chair yoga practice that will exercise your mind and body. Learn seated yoga				
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Saturday, Apr. 8th - Executive/General Meeting 2:00/3:00pm Sunday, Apr. 9th - Buffet Breakfast 8:30 am - noon Friday, Apr. 14th - Rural 60+ Luncheon 12:00 - 1:00 pm Saturday, Apr. 15th - Dance with Quest 7:00 - 10:00 pm Sunday, Apr. 16th - Jam Session 6:30 - 9:30 pm Saturday, Apr. 29th - Dance with Quest 7:00 - 10:00 pm Sunday, Apr. 30th - An Afternoon of Music - Just 4 You 2:00 - 4:00 pm For questions or information on events, please call and leave a message on the Legion hotline at 807-473-9122. COME FOR AN AFTERNOON OF MUSIC Hosted by the Kakabeka Legion WITH JUST 4 U (Jerry Wark, Harold Zweep, Rob Dowaniuk, Vince and Lois Lofts) Sunday. April 30th, 2023	Christine will lead you through a gentle chair yoga practice that will exercise your mind and body. Learn seated yoga postures, breathing techniques and new ways of relaxation and stress management. Yoga can help to: Improve flexibility Improve balance Increase strength Manage pain Reduce stress And is an all-round great time! Everyone is welcome to join this free program. EVERY WEDNESDAY @ 1:30 p.m. CALL SHAUN AT 807-473-5528 TO REGISTER				
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By rediscovering Ontario in 2022, you may be eligible to get 20% back on accommodation expenses through the **Ontario Staycation Tax Credit**.

- Hotels
- Motels
- Cottages
- Campgrounds
- and more!

Learn More:

https://www.ontario.ca/page/ ontario-staycation-tax-credit





8076236702 kevinhollandmpp.ca

WELL WATER SAFETY

Regular testing of your well is important to make sure your water is safe for you and your family to drink. Bacteria such as E. coli can contaminate your well making it unsafe to drink. The risk is higher if you have animals in the area - especially on farms with livestock - however, the bacteria can also occur naturally in the soil. The Thunder Bay District Health Unit recommends testing at least three times per year for a drilled well: once after the spring melt and two more times during the spring/summer. If you have a dug well, you should test four times per year. You should also do additional testing after heavy rains or flooding on your property when there is a greater risk of surface water washing into your well (drilled or dug). Water sample bottles can be picked up during regular business hours at:

- Township of O'Connor Municipal Office
- Public Health Laboratory, 336 South Syndicate Ave.

Water samples can be dropped off at the Public Health Laboratory located at 336 South Syndicate Avenue during regular business hours. Please ensure all the paperwork is filled out completely and accurately.



Consumers have the power to change the trajectory of fast fashion. Here are a few important things you can do:

- Educate yourself about sustainable clothing.
- Buy less and shop for quality over quantity.
- Choose natural materials organic cotton, linen, hemp



- Buy 100% recycled fabrics 100% recycled polyester, viscose (rayon), etc.
- Research brands to identify those that are ethical and practice transparency and sustainability.
- Choose brands that are manufactured in your own community and connected to the place, people behind them, local economy, and environment.
- Buy second-hand clothing.
- Swap clothes with a clothes swap group or start a swap yourself.
- Learn how to repair your clothes yourself. The longer clothes are kept, the lower their emissions footprint.

Murillo Library	Email:	Rosslyn Library			
Monday 10 – 8:00 pm Wednesday 10 – 8:00 pm Saturday 9 am – 12:00 pm 935-2729	oplibrary@tbaytel.net Website: http://oliverpaipoonge.olsn.ca	Tuesday 10 – 8:00 pm Thursday 10 to 8:00 pm <u>Friday 10 – 3:00</u> Saturday 1 – 4 pm			
	The library will be closed on Good Friday April 7 th and Easter Monday April 10 th Mark your calendars! Science North is coming back for an	Join us as we thank Rosslyn Women's			
Looking for donations of: -shopping bags, plastic or fabric		Institute for donating proceeds from the Valentine's Tea to the library. New childrens' books will soon be on the shelf as a result of their generosity!			
-children's puzzles If you would like our monthly emailed directly to you, please sen us an email and we will add you t our list: oliverpaipoongelibrary@gmail.co	^o Vibert in memory of	Join Ashley from the Rural Family Centre on An EarlyON Storytime Adventure Monday, April 17th 1:00pm-2:00pm			
CRIBBAGE BEGINNERS WELCOME! EVERY TUESDAY 1 P.M. ROSSLYN COMMUNITY CENTER 3405 ROSSLYN ROAD	Starting April 1st, local 10-digit dialing will be introduced in northern Ontario served by the 807 area code. Residents will be required to dial 10 digits – the area code followed by the seven-digit phone number – for all local calls.	We're taking storytime on the road to the Murillo Library! We will meet at the library to enjoy some engaging tales, free play and crafts. All ages welcome, no pre-registration necessary. Call the Murillo Library at 935-2729 or the Rural Family Centre at 935-3009 for more information			
SHOSSEN KOAD	Join us at	Posslyn Library!			
Get Creative' craft gathering Every Thursday from 1 to 4:00		Seniors! Help nurture your mind and body with a fun game of carpet bowling. • Relaxed and gentle pace of exercise • Socializing and fun times • Free • Coaching available • Snacks and refreshments			
at Rosslyn Hall		Beginners welcome!! Where: Rosslyn Hall Date: every Friday Morning session 10 am - noon Afternoon session 1 pm - 3 pm			
Bring in your current craft project to work on alongside other 'crafty- minded' people. This is a great time to meet new people, socialize and share tips and ideas.	CARPET BOWLS G Activities for Senio	AME Pre-booking takes priority over drop-ins Please call the library at 939-2312 for more information or booking.			
Call 939-2312 for more information.	Junio Jou Sento	Please bring indoor shoes!			

Activities for Seniors

Start the new year off right! It's time to join.... Free Exercise Class for all ages



This safe low-impact routine works to lubricate joints and keep them flexible, strengthen and stabilize individual muscles and increase blood circulation resulting in a decreased number of falls and an increased ability to better accomplish day-to-day physical activities.

Drop in every Tuesday and Thursday from 11:30 – 12:00 **at** Rosslyn Library

(Stretch bands and balls on Tuesday, weights on Thursday) Please bring indoor shoes and weights.



KEHEAD REGION

Warmer weather means more people will be out visiting our Conservation Areas and exploring nature. Please be mindful of trail conditions and the weather. Trails may be slippery due to wet, muddy, icy, and snowy conditions, so be prepared for your visit and wear appropriate footwear. Additionally, LRCA staff do not monitor ice conditions, so proceed with caution and at your own risk.

The LRCA is glad to be hosting several public events during 2023. There is still space available at some of our Watershed Explorer programs, but they are filling up fast! Tickets for our Wine Tasting & Dinner at Whitewater fundraiser are on sale now. The LRCA will also be hosting Hazelwood Lake Family Fun Day on Sunday, July 23, and Silver Harbour Day on Saturday, August 26 (in partnership with the Municipality of Shuniah and Shuniah Emergency Services, who are celebrating their 150th and 50th anniversaries, respectively). Keep an eye on our website for more details closer to the event days. If you visit our Conservation Areas frequently, consider purchasing an Explore Card Parking Pass. For \$40.00 +HST, this pass will allow you to forgo the \$5.00 per vehicle day use parking fee at all 10 Conservation Areas in the Lakehead Region for one calendar year. If you visit more than eight times, the pass pays for itself! Passes are available for purchase at www.lakeheadca.com or by calling (807) 344-5857. The spring of 2023 is beginning with above average snow levels and water content when compared to typical averages at this time of year. Typical snow depths for March 15 range from 35 to 54 centimetres, where the actual depth measured on March 15, 2023 ranged from 43 to 59 centimetres. Staff will continue to monitor spring conditions and issue Flood Messaging and $|_{\mathcal{R}}$ Low Water Condition Statements when warranted.

RURAL CUPBOARD FOOD BANK

ANNUAL GENERAL MEETING

April 12th - 6 pm followed by General Meeting In Conmee Council Chambers (in person) or Virtual

If you wish to attend virtually please email this address <u>ruralcupboardfoodbank@gmail.com</u> to get the "zoom" link

RURAL CUPBOARD FOOD BANK

Neighbours Helping Neighbours Conmee Municipal Complex 19 Holland Rd, Kakabeka Falls P0T1W0 807-285-0836

> Next Food Bank is <u>Wednesday, April 19, 2022</u> Registration 9 am to 11 am

Drive-thru pick up We sincerely thank all those that continue to support us during COVID-19. Your donations enable the food bank to remain open.



St. James Anglican Church 10505 John Street Road (corner at Calvert) \$30 fee To participate, please call Carolyn at 807-474-3983 or Evelyn at 807-935-2879.

IT'S SPRING!!! WORD SCRAMBLER (answers on page 14) 1. GNPSIR ACNEL PU	Share your Recipes!! If you have a favorite recipe and would like to share it in the O'Connor Cornerstone, please e-mail us at twpoconn@tbaytel.net, drop it off at the O'Connor Township Office or send it by mail to the Township of O'Connor, R.R. #1, Kakabeka Falls, ON. POT 1W0						
2. TLPNA ORUY ESDSE	GARLIC PORK RIBS Submitted by Erin Laforest						
3. TEG UTO EHT ANIR ARLBSRE	Ingredients 3 lbs pork spareribs, cut into individual pieces 3/4 cup leftover (homemade) beef gravy or beef broth						
4. LRCDETEUT HET OHSEU	3/4 cup brown sugar 2 Tbsp soya sauce 6 garlic cloves, minced						
5. LYF A IKET	2 Tbsp Dijon mustard or regular mustard 1 small onion, diced Salt and Pepper to taste						
6. KBIE DSRIE	Instructions 1. Preheat oven to 350F						
7. ADCEN NI THE RNIA	 Layer ribs in a single fashion in a shallow baking dish. Season with salt and pepper. In a small saucepan over medium heat, add the gravy (or broth), sugar, 						
8. ALYP SABLBLAE	soya sauce, garlic, mustard and onion. Stir frequently so the sugar does not stick to the bottom. Bring to a boil and cook for a few minutes (making sure the sugar has dissolved). Remove from the heat and pour						
9. MIRT EESRT NAD BUSRHS	 over the ribs. Cover with foil and place into the oven for an hour. (Alternatively, the ribs can be placed in a slow cooker at this point.) 4. Remove foil and place back in the oven for 15 minutes. Remove and 						
10. CNEAL GTSERUT	the ribs and cook again for 15 minutes. Repeat these steps one more time, or until meat is cooked through. Broiling the meat can also give them a nice crust.						

GET YOUR GARDENS GOING!

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		-		-			-		-	-			-	BEANS
В	Е	U	Ρ	G	Ι	Ε	С	S	В	Ε	S	Υ	Ε	CABBAGE
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-	_		••				•••			••		_	_	BEETS

GREEN ACRE VARIETY HOURS OF OPERATION MONDAY - FRIDAY 7am - 9pm WEEKENDS & HOLIDAYS 9AM-9PF	GREEN ACRE VARIETY KITCHEN HOURS OF OPERATION MONDAY - SUNDAY 11AM - 7PM Breakfast, lunch & supper in the warmer daily				
1226 Hwy 595 Gillie	ACRE VARIETY Groceries • LCBO • Live Bait s Township (on the corner of Hwy 595 & 588) hone 807-475-5631, website https://greenacrevariety.ca				
	s on facebook @greenacrevariety				
Pizza, Panzerotti's, Nacho's, Quesadi Lasagna, Shepherd's Pie, Chili, Past	itchen to yours, with love Ila's, Sub Sandwiches, Salads, Salad dressings, Soups, a Sauce & Meat Balls, Coney, Breakfast Sandwiches, Theesecakes, Coffee, Cappuccino, Hot chocolate				
Live Bait & Tackle Minnows, sucker minnows, worms, Leeches (leeches available in spring, summer and fall) Homemade spinners & spoons, little joes, jig heads etc	Bottle Depot bring your LCBO and beer store empties back to us and get cash! <u>Please separate bottles and cans</u> ! <u>Beer bottles</u> – sort by colour, for eg: brown with brown, clear with clear, green with green <u>Cans</u> – bring in clear bags (not in original beer box) and				
Lickety Splitz & Snack Shack	mark how many are in the bag. Leave empties on the floor of the garage Thank you for your consideration.				
We are hiring, mature individuals who love customer service, fast food meal prep and service, can work in a fast pace environment, works well with others, has the ability to critically think, responsible with handling money and transactions, preferrable	Been, Wine, Coolers & Spirits We have a wide variety of beer, wine, coolers & spirits available! If you have a favourite and you do not see it on our shelves, please let us know and we can do our best to bring it in! Stay tuned for fun summer drinks!				
18 and older. Please send your resume to green.acre@live.com	Propane Exchange 20lb & 30lb; Coloured Fuel, Diesel and Gasoline available as well!				
We are hoping to have the ice cream truck and burger shop open for May Long Weekend, stay tuned for more information to come!	We would love to see you, clip this coupon and pop in! FREE COFFEE COUPON no expiration, no substitutions, no cash value				

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- SEPTIC SYSTEMS

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Every year we install many septic systems in the Thunder Bay area from small gravity fed systems for a I house to large scale commercial septic systems for camps, fire bases etc. please give us a call and we can design a system that is right for you



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Need Help? CALL 2-1-1

WHAT IS 211?

211 is a multi-channel information and referral system. 211 is accessible to Ontarians 24/7 via:

- Telephone (2-1-1)
- Email (questions@211north.ca or gethelp@211ontario.ca)
- Online Chat (211ontario.ca)
- Online database of Human Services

211 provides free, confidential, multilingual access to information & referrals to the full range of community, social, health and government services. 211's Certified Community Resource Specialists assess each person's needs and connect them to the best available resources.

211 helps to navigate the complex network of human services quickly and easily, 24 hours a day, 7 days a week, in over 150 languages.

When you don't know where to turn, turn to 211.

211 is a critical information system and an easy way to find, or give help in your community. 211 also:

- links residents to the community and helps them access services
- eliminates confusion and frustration about where to go for help
- reduces workers' time researching services to help their clients
- improves community planning via user needs and other statistics
- aims at directing non-emergency calls away from 911
- responds to municipal and community needs in an emergency and disaster

TROUBLE CALLING 211?

Toll-Free Phone: 1-866-624-1729 TTY: 1-855-405-7446 24 Hours / 7 Days a Week / 365 Days a Year

O'CONNOR COMMUNITY CENTRE

Maximum capacity in the Community Centre is 162 people. If a liquor license is required, the Centre's capacity is 132 people. Please call the Township Office at 807-476-1451 for more information or to book your event.

O'Connor Community Centre Rental Fees:

- \Rightarrow Social with Liquor \$200.00
- \Rightarrow Hall Rental No Liquor \$75.00
- \Rightarrow Use of basement Kitchen \$50.00

Please note that a damage deposit may be required.

Cornerstone Advertising

The following fee structure for advertising in the Cornerstone has been set by Council;

- Business Ad \$10.00
- Full Page Ad \$30.00
- **Personal/Classified Ads** (ie. Garage sale, Parties, Funeral or Celebration of Life) \$5.00
- Announcements (ie. birthday, anniversary, baby) \$2.00
- Death Announcements Free of Charge for past or present residents of the Township of O'Connor . (This does not include funeral ads)

DEADLINE TO SUBMIT IS THE 23RD OF EACH MONTH.

RURAL 60 PLUS

5 Pineview Road, Kakabeka Falls 807-475-5779 www.rural60plus.ca rural60@tbaytel.net

MONDAYS

Carving – 10am to 3pm Disking – 1pm to 3 pm

TUESDAYS

Weaving – 10am to 3pm Knitting – 10am to 3pm

WEDNESDAYS

Cribbage – 1pm to 3pm Quilting – 10am to 3pm Beginners Carving 10am to 3pm

THURSDAYS

Weaving – 10am to 3pm Knitting – 10am to 3pm Yoga – 10am to 11am

MONDAY TO FRIDAY Craft Room is open – 10am to 3pm



Answers to Word Scramble:

1. Spring Clean Up 2. Plant Your Seeds

- 3. Get Out The Rain Barrels 4. Declutter the House
- 5. Fly a Kite 6. Bike Rides 7. Dance in the Rain
- 8. Play Baseball 9. Trim Trees and Shrubs
- 10. Clean gutters

EASTER SERVICES

Parish of West Thunder Bay (St. James, St. Mark's & Pinegrove)

Easter Walk with the Cross for St. James Anglican, St. Mark's Anglican and Pinegrove United to be held at Pinegrove United Church Friday, April 7th 12:45 pm

Good Friday Service is a combined service for St. James Anglican, St. Mark's Anglican and Pinegrove United to be held at St. Mark's Anglican Church in Rosslyn Friday, April 7th 2:00 pm

Easter Sunday Service is a combined service for St. James Anglican and St. Mark's Anglican to be held at St. Mark's Anglican Church in Rosslyn Sunday, April 9th 11:00 am With Rev. Jonathan Blanchard

Everyone Welcome! Sunday School Available! Time of Fellowship after the Service!!

Pinegrove United Church

100 Hwy 130, Rosslyn, ON In-person worship 10:30 am each Sunday. See website at <u>www.PinegroveUC.org</u> Join livestream worship any Sunday at 10:30 am at www.trinityunited.church/livestream. For Pastoral Care, call Church office at 807-939-1364, or email <u>pinegrove@tbaytel.net</u>

Redeemer Lutheran Church

13 Marion Street, Kakabeka Falls, ON For information, please contact Pastor Dan Barr 807-473-9164 or check the website at www.redeemerlcc.ca

St. James' Anglican Church

10505 John Street Rd., Murillo, ON Please visit our website at <u>countrywarmthinchrist.ca</u> to view online services every Sunday or join in person. Rector: Reverend Jonathan Blanchard 807-939-1103 parish.rector@tbaytel.net

St. Mark's Anglican Church

5 St. Mark's St., Rosslyn, ON Please visit our website at <u>countrywarmthinchrist.ca</u> to view online services every Sunday or join in person. Rector: Reverend Jonathan Blanchard 807-939-1103 <u>parish.rector@tbaytel.net</u>

St. Theresa's Roman Catholic Church

10 Porter St., Kakabeka Falls, ON For information, please contact Parish Priest: Fr. Randal Morrisseau at 807-935-2898 (Rectory) www.directorydotb.ca/augustine/#2



Join us for our

Palm Sunday Service Sunday, April 2nd, 2023 at 10:45 am

Come join us as we celebrate the triumphal entry of Jesus into Jerusalem.

Good Friday Service

Friday, April 7th, 2023 at 7:00 pm

Please join us for a meaningful time of reflection on the price Jesus paid for our freedom. You will be changed!

> Easter Sunday Service Sunday, April 9th, 2023 at 10:45 am

Join us as we CELEBRATE our Risen Savior! Everyone Welcome!

O'Connor Free Methodist Church

293 Sitch Road

We have in person worship services Sunday mornings at 10:45 a.m.

The services will also appear

"live" on our Facebook page at 10:45 a.m. if you would like to worship with us from your own home.

Facebook: O'Connor Free Methodist Church

Pastor Chris Fiorito Cell 807-624-6579 Church 807-577-2363

Email: pastor_chris@live.com Please email, call or text if you have any inquiries. www.oconnorfreemethodist.org

O'Connor-Conmee Fellowship Baptist Church



3 Holomego Rd. PLEASE CALL 807-473-9362 FOR MORE INFORMATION



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