



The Cornerstone

Township Of O'Connor

AUGUST 2023



PLEASE NOTE that the Township Office will be closed Monday, August 7th in recognition of the Civic holiday.

FOR SALE

1993 FORD L-9000 T/A

Combination sander/dump box.

Comes with one-way plow and wing.

313,872 kms, L-10 Cummins engine,

8-speed manual transmission.

Asking price \$35,000.00 or best offer.

Call the O'Connor Township Roads

Department between 8:00 am and 4:30 pm at 807-476-1453, or for more

information, call the Township Office during regular business hours at

807-476-1451.



2023 FINAL TAX BILLING

Please watch for the 2023 final tax bills to be mailed out **the beginning of August with 3 equal installment dates due August 31st, September 29th and October 31st.** Only cash or cheques (no debit or credit) will be accepted as payment at the Township Office located at 330 Highway 595. Payment can also be made using etransfer, internet, or telephone banking. Please check our website for further details at www.oconnortownship.ca.

PUBLIC MEETING

The Township of O'Connor will be holding a Public Meeting to explain the 2023 tax levy increase. The meeting will be held Wednesday, August 16th at 7:00 pm in the O'Connor Community Centre located at 330 Highway 595. All are welcome to attend.



FIRE PERMITS

Fire Permits required between April 1st and October 31st.

- Fire Permits are required for ALL outdoor burning, including fireworks and incinerators, with the exception of small campfires for cooking or warmth.
- Permits may be revoked at any time at the absolute discretion of the Township's Fire Chief, Henry Mattas.
- Fire Permits are now valid for the entire fire season and can be obtained online through the following steps below:

STEP 1: Register online at: <https://oconnor.burnpermits.com/> Keep your password for future years. If you have already registered a previous year, please skip to Step 2.

STEP 2: Using the same login information from previous years, follow the steps at the above web address to apply for your burn permit.

STEP 3: Call 1-833-490-0299 each time before burning. Calling this number before you burn is mandatory to ensure the Township is aware of all active burns, while providing you with necessary risk level information.

If you are unable to register online for your yearly fire permit, you may call the Township Office at 807-476-1451 and staff will help get you registered so that each time you burn, you need only call the number in Step 3 above.

THANK YOU

The O'Connor Community Club along with the O'Connor Volunteer Fire Department Auxiliary would like to express their sincere thanks to everyone who attended our Strawberry Festival this year. It was a great success. Thank you to all those that made donations to the event and supported us in any way.

A big thanks to all the volunteers for making it happen! It's events such as these that keep a community united. We hope everyone had a great time and will be back again next year!

Emergency Contacts:

Medical Emergencies: 911

Fire: 911 Police: 911

Police Non-Emergency 1-888-310-1122

Municipal Office Hours:

Monday, Tuesday & Thursday:

9:00 am to Noon & 1:00 pm to 5:00 pm

Wednesdays: **closed**

Fridays: 9:00 am to Noon

Office Phone: 807-476-1451

Fax: 807-473-0891

Garage: 807-476-1453

Community Centre: 807-476-1452

Website: www.oconnortownship.ca

E-mail: twpoconn@tbaytel.net

Find the Cornerstone on our website!

Disposal Site Hours:

Summer Hours (Apr 1 to Aug 31)

Tuesdays 6:00 pm to 9:00 pm

Saturdays 9:00 am to 3:00 pm

Winter Hours (Sept 1 - Mar 31)

Tuesdays 3:00 pm to 6:00 pm

Saturdays 9:00 am to 3:00 pm

Volunteer Fire Department:

O'Connor needs Volunteer Firefighters and First Responders! For more information or questions on volunteering, please see page 4 for contact numbers.

Dog Control Officer:

Margaret Foster, 807-632-1235

Building Permits:

By-law Number 2016-12, being a by-law respecting Construction, Demolition, Inspections, and to set out the rates for permits within the Corporation of the Township of O'Connor states that building permits will be required for the construction, erection, alteration, repair, removal, relocation and change of use of all buildings, decks or structures within the Township of O'Connor. If you are building anything larger than **161.2** square feet or any building with heating and/or plumbing, you are required to apply for a building permit. For more information, please call the Township Office or the Township's **Chief Building Official, Martin Tempelman, at 807-630-9726 or email cbomartint@gmail.com.**

Applications are available on the Township Website or at the Township Office.

Oliver Paipoonge Library Hours:

Rosslyn - Tues & Thurs 10 am - 8 pm

Fridays 10 am - 3 pm

Murillo - Mon & Wed 10 am - 8 pm

Email: oplibrary@tbaytel.net

<http://oliverpaipoonge.olsn.ca/>

Thunder Bay District Health Unit:

807-625-5900 Toll Free: 1-888-294-6630

Telehealth Ontario:

1-866-797-0000

Call Ontario 2-1-1 to find programs and services in your area.



COUNCIL MEETINGS

The next meetings of Council will be held:

Monday, Aug. 14th @ 7 pm - Regular Meeting of Council to be held in Council Chambers

Wednesday, Aug. 16th @ 7 pm - Public Meeting to be held in O'Connor Community Centre

The meetings of Council will be held at 330 Highway 595. To view agendas, please visit the Township website at www.oconnortownship.ca to access them through the "Council" page. Please note that the virtual option to join a meeting is no longer available.

Council welcomes your involvement.

Mayor: Jim Vezina, 807-577-6735

Alex Crane, 807-473-9420

John Sobolta, 807-624-8025

Bishop Racicot, 807-577-2215

Carly Torkkeli, 807-620-2579

The Township of O'Connor Council and Staff would like to wish everyone a safe Civic holiday this Monday, August 7th.



Reminder for Farmers

Please ensure that fence lines are checked for damage from weathering, fallen trees, etc.

Be mindful of keeping your animals on your side of the fence and that they are not free to roam on Township roads or into your neighbours yards.



Dogs Running at Large

The staff of the Township of O'Connor would like to remind all dog owners to keep your dogs on your own property. In case you didn't check your dog's leashes and collars recently, now is the perfect time to check for cracks, tears and breaks, and check the batteries in your battery operated dog leashes at the same time. We ask that people do their due diligence in maintaining these safety measures, as not just for the safety of neighbours and passers by, but also for the safety of your dogs. If you are having trouble with dogs running at large, please contact the Township's Dog Control Officer, Margaret Foster at 807-632-1235.

ASSOCIATION OF COMMUNITY PASTURES

For information, questions, or concerns regarding the Community Pastures and its cattle,

Please contact
Mike Huber
at
519-572-0184

Report a bear problem

For emergency encounters, call 911 or local police if a bear poses an immediate threat to personal safety:

- enters or tries to enter a residence
- kills livestock/pets and lingers at the site
- stalks people and lingers at the site

For Non-emergency encounters, Please call the Bear Wise reporting line: 1-866-514-2327 (April 1-November 30).

Senior of the Year Award

Congratulations to Diana Bockus! Diana was presented the Senior of the Year Award at the Strawberry Festival by Councillor Alex Crane for her dedication volunteering with the O'Connor Community Club, O'Connor Volunteer Fire Department Auxiliary, Association of Community Pastures, Thunder Bay Weavers and Spinners, Rural Heritage Agricultural Society and Hymers Agricultural Society. We thank Diana for her contributions to the community.



DISPOSAL SITE

SUMMERTIME RECYCLING

If you have been making the most of these hot summer days camping, barbecuing or just enjoying the sun, then you've probably been producing certain summertime recyclables. See the list below of items that you can recycle this summer:

Propane Tanks - Empty tanks with the valves removed may be brought to the O'Connor Disposal Site and placed in the metal pile. If the valves are not removed, Dutchak Scrap Metal Ltd. will take them as long as they are empty, however you will not get payment for them.

Ice Cream Containers (plastic only) - A definite summer item! Rinse out those plastic ice cream containers and throw them in the recycling bin at the O'Connor Disposal Site with the other plastics.

Water Bottles - Whether it's the personal size drinking bottles or the 4 litre jugs you use for camp, please be sure to recycle them with your plastics. And don't forget to check the lids! If there's a recycle symbol in it (#1 - #7), you can be sure to throw it in the recycle bin.

Take-out Cups and Lids - Like to enjoy a nice, icy, cold beverage from your favorite drink shop? Rinse those plastic cups and lids out and throw them in the plastics recycle bin.

Fruit and Berry Clamshells - This is the time of year when we like to purchase all the colours of the rainbow in the fruit aisle. Please be sure to rinse out the containers and place them with the plastics recycling.

Disposable Plates and Cutlery - Don't forget to look for the recycle symbol. If you're not reusing your plastic dining ware, please note if it's recyclable. If it is, please rinse off the items and throw them in with the plastics.

Beer Cans/Bottles and Alcohol Bottles - While having a drink lasts year round, some of us like to enjoy the summer heat with a few extra. Don't forget that these items can be donated to the O'Connor Volunteer Fire Department recycle bins located at the O'Connor Disposal Site, the O'Connor Fire Hall, Green Acres Variety and the Kakabeka Falls Public School. Donating your empties helps support our local fire department to purchase needed items, thus reducing tax dollars spent.

Compostables - Although compostable material can be thrown in your composter at any time of the year, summertime is the perfect time for those items to get cooking for good use in your gardens.

Construction/Renovation Materials - While these materials may not necessarily be recyclable, any reusable or leftover items may be brought to the resale stores or thrift shops.

Whether you're staying at home or hitting the road, please remember to recycle all items possible. Every bit helps.

THUNDERSTORM EMERGENCIES

Thunderstorms typically happen in spring, summer and fall months, particularly in areas with high humidity, but can strike anywhere. The best way to protect yourself and your family in case of a thunderstorm is to follow these steps:

- Move to a safe place, away from windows and doors.
- Turn around, don't drown – avoid flood waters.
- Prepare for secondary risks such as flooding, power outages, landslides and damaged buildings.

BEFORE

- The key to staying safe is to prepare and to have an emergency plan in place.
- Listen to local news and weather reports for information on changing weather conditions.
- Find out if you are in an area where thunderstorms commonly occur.
- Pay attention to weather warnings. Thunderstorms are tracked before they occur. Visit Environment Canada for up to date information on thunderstorm conditions, storm maps and weather warnings.
- There are two types of alerts to listen for when a thunderstorm is forming in your area:
 - **Severe thunderstorm warning:** Developed storm is producing some or all of watch conditions. Tornadoes may also be produced in severe thunderstorm environment.
 - **Severe thunderstorm watch:** Favourable conditions for severe thunderstorms with large hail, heavy rain, intense lightning or damaging winds.
- Make a personalized preparedness emergency kit. Families should be prepared to be self-sustaining for at least three days.
- Kits should include practical items such as drinking water, food, cash, and a portable radio. However, they should also include items that are unique to your own families' needs. This could include baby items, medical prescriptions, pet food, etc.
- If you have already dipped into your emergency kit and food supply while staying at home, consider safely getting the supplies replenished following your local public health authorities' guidelines for leaving your residence.
- Keep trees and shrubs trimmed to make them more wind resistant, and remove any damaged branches.
- Power outages can occur during thunderstorms. Learn how to be prepared for one.

DURING

- When thunder roars, go indoors! During a thunderstorm, immediately seek shelter or a safe place to wait out the storm. Watch for signs of a storm, like darkening skies, lightning flashes or increasing wind.
- Postpone outdoor activities if thunderstorms are likely to occur. Many people struck by lightning are not in the area where rain is occurring.
- If you count less than 30 seconds between lightning and thunder, seek shelter immediately.

If you are inside:

- Avoid using electrical equipment and telephones. Use battery operated devices instead, like flashlights.
- Close outside doors and windows and keep away from windows.
- Stay inside for 30 minutes after the last thunder.
- Do not take a bath, shower, or use plumbing.

If you are outside:

- Avoid sheltering under trees, posts, fences, and equipment as they attract lightning.
- **Get out of open fields:** If you are caught in an open field, do not lay flat on the ground. Seek shelter in a vehicle if at all possible. If you cannot seek shelter, kneel on the ground with your feet together, your hands on your knees and your body bent forward.
- **Stay away from water:** Water is an excellent conductor of electricity. If you are in a boat, get to land as quickly as possible, and avoid swimming. Be careful around creeks and rivers that may be subject to flash flooding during a severe storm.
- **If you are in your car:** If you're driving, find a safe place to pull over and park. Stay in the car, with your emergency flashers on, until the heavy rains subside and avoid touching metal or other surfaces that conduct electricity inside or outside the vehicle.

AFTER

- If someone is struck by lightning, immediately call for medical assistance and if trained in first aid, administer first aid treatment, and call 9-1-1.
- Check the area around the person for any dangers (live wires, broken glass, debris). If there isn't any, check the person for burns or other injuries.
- If the person is not breathing, start CPR. If the person is breathing normally, check for other injuries and care for them as necessary.

Continue to take precautions and listen to and follow directions from local authorities.

- Listen to local news and weather reports.
- Turn around – don't drown. Avoid driving through flooded areas. They could be deeper than you think.
- Stay away from fallen power lines and report them immediately.
- Avoid flooded waterways and keep your eyes on children and pets.



Volunteer Fire Department News

Since the last newsletter, the O'Connor Volunteer Fire Department received 2 Fire calls and 1 First Response call.

The O'Connor Fire Department Auxiliary would like to thank everyone for coming to enjoy this year's Strawberry Festival. Thank you to all the volunteers that helped put the festival together and to those that donated items for the penny auction. It was a great success!

SUMMER FIRE SAFETY CHECKLIST

- * Practice safe grilling.
- * Burn safely. Know the risk level in your area. Don't burn during a Restricted Fire Zone.
- * Be aware of wildfires in the area.
- * Keep your fire number visible from the road.
- * Have your HVAC system maintained.
- * Closely supervise all fires and campfires.
- * Douse hot coals with plenty of water.
- * Let your lawnmower cool down before fueling up. Try not to mow the lawn in hot, dry conditions as a spark from the blade hitting a simple rock could occur causing a fire to start.

Don't forget to test your smoke alarms monthly. Ensuring your smoke alarms and carbon monoxide detectors are functioning properly could save your life.

BECOME A VOLUNTEER! WE NEED YOU!!

The Township of O'Connor is looking for volunteers for O'Connor's Volunteer Fire Department and First Response Team. Volunteer firefighter training occurs on a weekly ongoing basis and now is the perfect time to join our team as the First Responder Training will be taking place very soon. Our community needs more volunteers to ensure that in the event of an emergency, our residents will be taken care of as fast as possible.

Without a Volunteer Fire Department, residents can also expect an increase in their insurance rates. For questions on volunteering for the O'Connor Volunteer Fire Department, First Response and/or Auxiliary, please call:

Fire Chief Henry Mattas at 807-628-3523

Volunteer Fire Department

Leanne at 807-475-5828

Volunteer First Response

Cheri at 807-621-5768

Volunteer Fire Department Auxiliary

Applications to apply can be found on the Township of O'Connor website at www.oconnortownship.ca.

Your Volunteer time could make a difference in someone else's life.

EMERGENCY INFORMATION FORMS

Have you filled out or updated your Emergency Information Form? These forms are so important to have on file at the Township Office for your safety, in the event of an emergency. As a small community, staff are always concerned for our residents' well-being. These forms give staff the information they need to ensure that your needs are met during an emergency or in the event of an emergency evacuation. It also lets staff know if you are willing to give a helping hand to your community in the event of an emergency. All information is kept confidential and used only in the event of an emergency. Find the Emergency Information Form on the Township's website under "O'Connor Living", "Emergency Services." Email or drop off completed forms to the Township Office during regular office hours or drop in an envelope through our mail slot located on the office front door at:

330 Highway 595
Kakabeka Falls, Ontario
P0T 1W0



DONATE YOUR:

- ⇒ POP CANS ⇒ BEER CANS
- ⇒ LIQUOR BOTTLES ⇒ BEER BOTTLES

For the O'Connor Volunteer Fire Department!
HELP OUR LOCAL FIRE DEPARTMENT RAISE MONEY BY PUTTING YOUR CANS AND BOTTLES IN THE SPECIALIZED BINS FOR O'CONNOR!

The O'Connor Fire Department Auxiliary has pop & beer can, beer & liquor bottle bins at the O'Connor Disposal Site, the O'Connor Fire Hall, Kakabeka Falls Public School and Green Acres Variety. Using these bins helps raise money for the O'Connor Volunteer Fire Department, thus reducing the tax dollars needed during budget time.

PLEASE NOTE: These bins are ONLY for pop & beer cans, beer & liquor bottles. All other recyclables should be placed in the regular recycling bins at the Disposal Site. Thanks to all who have donated to date.

FEELING EXTRA CHARITABLE? Drop the can tabs off at the O'Connor Township Office to go to the March of Dimes.

SMOKE DETECTORS & CARBON MONOXIDE ALARMS SAVE LIVES



The O'Connor Fire Department has for purchase:

Kidde Smoke Alarms.....\$25.00

Kidde Carbon Monoxide (CO) Alarms...\$25.00

Kidde Combination Smoke/CO Alarms..\$50.00

These units can be picked up at the O'Connor Township Office during regular office hours. For more information on fire safety, please check the Township website at www.oconnortownship.ca or ask the Township Office staff for available information pamphlets.



O'CONNOR EMERGENCY TEXT MESSAGING SERVICE

Please sign up for O'Connor's Emergency Text Messaging Service. It is free of charge to you and phone numbers are for this service only. Stay informed on road closures, emergencies, and municipal events and updates happening in O'Connor Township.

Instructions for the Township of O'Connor Emergency Text Messaging System can be found on the Township Website at www.oconnortownship.ca under "O'Connor Living", "Emergency Services."

Stay informed, Starting today!



When you don't know where to turn.™

211 helps people find the community and social services they need.

Free. Confidential.

Live Answer 24/7.



Call 2-1-1

Visit 211North.ca

O'CONNOR COMMUNITY CLUB

The O'Connor Community Club would like to thank everyone that came out to the Annual Strawberry Festival held on July 7th. It is always wonderful to see so many smiling faces. Our members would like to thank the following, for the donations made to our raffle; Diane Harrison for the landscaping safety kit, the Squash Queen for the hanging basket, the Lakehead Region Conservation Authority (LRCA) for the gift package, and Frances Platnick for the lawn ornament.

Winners of this year's raffle prizes are:

- 1st Prize** - Landscaping Safety Kit won by Harold Hunt
2nd Prize - Hanging Basket won by Tillie Zimmerman
3rd Prize - LRCA gift package won by Lori Macsemchuk
4th Prize - Lawn Ornament won by Alex Crane

If you are interested in joining the O'Connor Community Club team or volunteering for the club, please contact Lorna or Linda at 807-476-1451 for more information. All are welcome to attend. Meeting nights are flexible to adhere to members availability. We are always looking for new members, event ideas, and activities! Come join us to ensure social events like these continue to happen in O'Connor.



Commemorative Plaques

Celebrate a family member, friend or loved one and order a plaque TODAY!

The Township of O'Connor offers plaques to observe special anniversaries of 50 years or longer and birthday celebrations of 75 years or older for present and past residents of the Township. If you know anyone who will be celebrating either of these special events, please contact the Township Office three weeks prior to the date and a plaque will be ordered at no charge.



O'Connor's History Book

"First Hundred Years Of Country Living At Its Best"

The Township of O'Connor has copies of the O'Connor History Book which commemorate the "First 100 years of O'Connor's Country Living At Its Best." Copies of the hardcover book can be purchased for \$40 at the O'Connor Township Office during regular office hours. Share the memories and get one today!

SPRING CLEANING?

DEALING WITH AN ESTATE AND YOU DON'T KNOW WHAT TO DO WITH YOUR UNWANTED ITEMS?

Instead of bringing it to the landfill,
have it picked up instead!

If it's dropped off at our landfill, it cannot be diverted to those in need, such as Grace Place (for clothing) or thrift stores.

In particular, furniture that could still be used.

I will repurpose your unwanted items and if sold,
50% will go to the Rural Cupboard Food Bank!

**For further information,
contact Stacey at 807-356-2206.**

If there is no answer, please leave a message and I will respond within 24 hours.



Kakabeka Falls & Rural District

RCL Branch #225

Kakabeka Legion, 4556 Highway 11-17, Kakabeka Falls

Saturday, August 5th - **Market Breakfast** 9:00 am - noon
This will be the only Market Breakfast for August.

Saturday, August 5th - **Dance with Quest** from
7:00 - 10:00 pm

Sunday, August 13th - **Monthly Buffet Breakfast** from
8:30 am - noon

Saturday, August 19th - **8K Run**

Sunday, August 20th - **Half & Full Marathon**

Saturday, August 26th - **Gun Show (see ad page 9)**

Sunday, August 27th - **Gun Show (see ad page 9)**

Call the Legion Hotline for any changes at 807-473-9122.

There are no Exec/General meetings, Jam Sessions
or Afternoon of Music during August.

Enjoy your summer.

RURAL CUPBOARD FOOD BANK

Neighbours Helping Neighbours

Conmee Municipal Complex
19 Holland Rd, Kakabeka Falls P0T1W0
807-285-0836

Next Food Bank is

Wednesday, August 16, 2023

Registration 9 am to 11 am

Drive-thru pick up

We sincerely thank all those that continue
to support us.

Your donations enable the food bank to remain open.



Cornerstone Advertising

The following fee structure for advertising in the
Cornerstone has been set by Council;

- **Business Ad** - \$ 10.00
- **Full Page Ad** - \$ 30.00
- **Personal/Classified Ads** (ie. Garage sale, Parties, Funeral or Celebration of Life) - \$ 5.00
- **Announcements** (ie. birthday, anniversary, baby) - \$ 2.00
- **Death Announcements** - Free of Charge for past or present residents of the Township of O'Connor. (This does not include funeral ads)

DEADLINE TO SUBMIT IS THE **23RD** OF EACH MONTH.



O'CONNOR COMMUNITY CENTRE

Maximum capacity in the Community Centre is 162 people. If a liquor license is required, the Centre's capacity is 132 people. Please call the Township Office at 807-476-1451 for more information or to book your event.

O'Connor Community Centre Rental Fees:

- ⇒ Social with Liquor - \$200.00
- ⇒ Hall Rental No Liquor - \$75.00
- ⇒ Use of basement Kitchen - \$50.00

Please note that a damage deposit may be required.

Protect Your Home From Vandalism

While you cannot prevent all acts of vandalism, you can discourage vandals from striking your property by taking the steps outlined below.

- **Keep property tidy.** Keep your premises clean, tidy, and free of trash. Disorder attracts vandals.
- **Maintain good lighting.** Make sure your property is well-lit at night. Check light bulbs regularly.
- **Install cameras.** Install video cameras to monitor activity on your premises. When crimes have occurred, police can use your recorded video to catch the perpetrators.
- **Consider shrubbery or fencing.** Fencing or shrubbery can discourage vandals from entering your property. Shrubs that have prickly or scratchy leaves like holly and pyracantha can help keep intruders away.
- **Consider break-resistant glass.** Glass that is break-resistant or coated with security film is stronger than regular glass and difficult for vandals to penetrate.
- **Don't ignore it!** Vandalism tends to beget more vandalism and can encourage other types of property crimes. Thus, you should make repairs and remove graffiti promptly. Your quick response shows that you care about your property and won't tolerate defacement.
- **Contact authorities.** The police department can't respond to crimes it isn't aware of. Report all vandalism to your local police department. The department may increase patrols in your area or create a hotline for reporting incidents. Non-emergencies 1-888-310-1122.



NorWest Community Health Centres
Centres de santé communautaire NorWest

HELP US *decorate* our Kakabeka Site

We want to connect our rural communities to our Kakabeka Site to depict the culture and history of the area we reside.

Artwork Ideas:

- Pictures
- Drawings
- Woodworking
- Crafts
- ETC!

Have any questions?

Call (807) 473-5528



NorWest Community Health Centres - Kakabeka Site
4785 ON-11 Unit B, Kakabeka Falls, ON P0T 1W0

Deadline
Sept 15

AUGUST 2023

| MON | TUE | WED | THU | FRI |
|---|--|-----|--|-----|
| | 1 | 2 | 3 LifeLabs | 4 |
| 7 | 8 Fly the C.O.O.P Walking Group | 9 | 10 LifeLabs Community Crafter-Tea | 11 |
| 14 | 15 Fly the C.O.O.P Walking Group Dietitian Diabetes Educator | 16 | 17 LifeLabs | 18 |
| 21 Walk-In Clinic 9am-2pm Mobile Clinic - Armstrong 1pm-6pm | 22 Fly the C.O.O.P Walking Group Mobile Clinic - Armstrong 8:30am-12pm | 23 | 24 LifeLabs Community Crafter-Tea | 25 |
| 28 Walk-In Clinic 9am-2pm | 29 Fly the C.O.O.P Walking Group Dietitian Diabetes Educator | 30 | 31 LifeLabs Mobile Clinic - Upsala 10am-3:30pm | |



NorWest Community Health Centres
Centres de santé communautaire NorWest

Kakabeka Site

4785 ON-11 Unit B, Kakabeka Falls, ON P0T 1W0

(807) 473-5528

Thunder Bay Site

525 Simpson Street
Thunder Bay, ON P7C 3J6

(807) 622-8235

PROGRAM INFO.

Fly the C.O.O.P Walking Group 10am-11am
Meets outside of the Kakabeka site

Community Crafter-Tea 10am-12pm @ Nolalu Community Centre

Call Shaun at (807) 473-5528 ext.1 to register for all programs

Please call to book an appointment for:

- LifeLabs
- Dietitian
- Diabetes Educator



Follow us!

NorWest Community Health Centres - Kakabeka Falls Clinic

www.norwesthc.org

Murillo Library

Monday 10 – 8:00 pm
Wednesday 10 – 8:00 pm
Closed Saturday from July 1st to September 3rd
935-2729



**Murillo Library
will be closed
on Monday
August 7th**

Email:

oplibrary@tbaytel.net

Website:

<http://oliverpaipoonge.olsn.ca>

**Looking for books or
dvd's for camp?
Both libraries have
used book sales with
all items priced at
50 cents!**



Rosslyn Library

Tuesday 10 – 8:00 pm
Thursday 10 to 8:00 pm
Friday 10 – 3:00
Closed Saturday from July 1st to September 3rd



**We now have 1
pickleball set available
for borrowing with
your library card
(4 paddles/balls)
perfect for use at the
Rosslyn courts!**



**Oliver Paipoonge Library
August Summer Fun!
Join us every week
for a new exciting activity!**

Last chance to pick up your TD Summer Reading Kits! These kits are geared to preschool or school-age children and contain a book full of summer fun activities and challenges. Each kit also comes with stickers, a 6-colour pen and a web-access code to unlock more online fun. Participants can complete the summer recap page and return it to the library September 1st to be entered into a draw for \$25 Chapters gift card!

Week of July 31st

Diamond Dotz are back!

Visit either branch during library hours
and create a diamond dotz sticker of
either a LOL Doll or a
Pokemon character.
Parental assistance may be required.
1 per child, limited quantity.

August 8th, 9th, 10th, 11th

Drop in and create
(or pick up and take home)

Dragon Stained Glass kits

Parental assistance may be required.
1 per child, limited quantity.

Week of August 14th

Drop in and create

Pebble and sea glass art.

Parental assistance may be required.
1 per child, limited quantity.



Fear Factor!

August 23rd from

2:00 – 4:00 in Murillo Hall
Register for a free ticket for this event at
Murillo Library. We only have 30 tickets
available so register early
by phone, email or in person.

August 22nd, 24th, 25th

Rosslyn Only

Visit and try out our new Button
Maker! Design, colour and create your
own personal button to wear.
Parental assistance may be required.
1 per child, limited quantity.

Aug. 31st & Sept. 2nd – our Button Maker
will be at **Murillo Library**

Sept. 1st, 3rd and 4th – we will dig out all of
our leftover crafts in case you missed one!

CARPET BOWLS GAME

Activities for Seniors

Seniors!

Help nurture your mind and body with a fun
game of carpet bowling.

- Relaxed and gentle pace of exercise
- Socializing and fun times
- Free
- Coaching available
- Snacks and refreshments

Beginners welcome!!

Where: Rosslyn Hall

Date: every Friday

Morning session 10 am - noon

Afternoon session 1 pm - 3 pm

Pre-booking takes priority over drop-ins

Please call the library at 939-2312 for more
information or booking.

Please bring indoor shoes!

Time to Face Your

FEAR FACTOR

with Science North at Murillo Hall

Brought to by Murillo Library




Spiders, cockroaches, and worms OH MY! Do any of those critters get your pulse racing? Well now is the time to test your limits and experience an adrenaline rush as you participate in these fear inducing activities. Have you ever wondered what's in our spit or how our bodies produce boogers? Well now is your chance to find out. Participating in our fear factor day requires a bit of trust as we might have a mysterious surprise waiting for you, so go ahead and conquer your fears!

2:00 – 4:00 Wednesday August 23rd

Limited enrollment, Pre-registration required for a ticket for this event

Contact Murillo Library at 807-935-2729 or email oliverpaipoongelibrary@gmail.com

Start the new year off right! It's time to join....
Free Exercise Class for all ages



This safe low-impact routine works to lubricate joints and keep them flexible, strengthen and stabilize individual muscles and increase blood circulation resulting in a decreased number of falls and an increased ability to better accomplish day-to-day physical activities.

Drop in every Tuesday and Thursday
from 11:30 – 12:00 at Rosslyn Library
 (Stretch bands and balls on Tuesday, weights on Thursday) *Please bring indoor shoes and weights.*

CRIBBAGE

BEGINNERS WELCOME!

EVERY TUESDAY 1 P.M.

ROSSLYN COMMUNITY CENTER
3405 ROSSLYN ROAD

Oliver Paipoonge Public Library

ONTARIO PARK PASSES

ON1CALL
CALL BEFORE YOU DIG
It's The Law!
www.on1call.com
1-800-400-2255

PUBLIC UTILITY LOCATE SERVICE

There is buried infrastructure all over Ontario. You must contact Ontario One Call to get buried cables, pipes, and wires located so you can dig safely.

Ontario One Call is a public safety administrative authority and the communication link between those wanting to dig and buried infrastructure owners who are required to provide locates.

Ontario One Call does not physically mark the lines, pipes, or cables. We relay the dig information to the buried infrastructure owners so they can mark (locate) based on the request you submit.

Please call 1-800-400-2255, or 1-519-265-7612 for more information.



LAKEHEAD REGION
CONSERVATION AUTHORITY



We are pleased to announce that the parking lot and loop trail at Cascades Conservation Area have been re-paved! The work, which took place the first two-weeks in July, was completed one week ahead of schedule. In addition to the much-needed parking lot regrading and repaving, the existing paved loop trail has been regraded and repaved to AODA, wheelchair-accessible standards. Be sure to visit Cascades and check it out for yourself! Cyanobacteria, also referred to as blue-green algae, is a microscopic plant-like organism that is naturally found within streams, rivers, and lakes. The organism thrives in warm, nutrient-rich (high in phosphorous and nitrogen) environments. Blooms occur when the populations rise rapidly, creating a large floating mass that can be bluish-green, brown, red, or yellow in color. Changes in cyanobacteria populations can be an excellent indicator of water quality.

The LRCA is taking progressive steps to further understand and analyze cyanobacteria within the conservation areas and the Lakehead Watershed. In July and August 2023, the LRCA will be conducting weekly testing to determine the absence or presence of cyanobacteria at Hazelwood Lake, Mission Island Marsh, Hurkett Cove, and Silver Harbour Conservation Areas. Testing sites were selected based on the frequency of visitor contact with open water. Baseline data will be collected to determine the type of algae and characterize the trends within the water bodies throughout the year. Positive test results that indicate an exceedance of algae guidelines will be reported to the Ministry of the Environment, Conservation, and Parks (MECP) and the Thunder Bay District Health Unit (TBDHU). Confirmed exceedances may result in a beach closure as directed by the MECP or TBDHU. Any swimming advisories or beach closures will be posted on the LRCA's website and social media platforms and signage will be displayed at the site. For more information or if you suspect the presence of Blue-Green Algae in a waterbody, visit www.lakeheadca.com/watershed/blue-green-algae for information on how to report it.

The LRCA has some exciting workshops and events planned for this summer, including Silver Harbour Day on Saturday, August 26 from 10:00 a.m. – 3:00 p.m. at Silver Harbour Conservation Area! This event, being hosted in partnership with the Municipality of Shuniah and Shuniah Emergency Services, is in celebration of their milestone anniversaries this year!

We are in the height of busy season at our Conservation Areas, and we would like to remind all visitors of the \$5.00 per vehicle fee. Better yet, Explore Card Parking Passes permit day-use/parking at our ten Conservation Areas for one calendar year. Visit as often as you like. Enjoy one calendar year of recreation activities! For the low price of \$40.00 +HST, it's convenient for frequent users, and a great gift idea! All Explore Card revenue goes directly towards the upkeep and maintenance of our Conservation Areas.

Get out and Explore!



Hymers Fair News

By Erin Laforest



Hymers Fair is around the corner! Prize books can be found at the following locations:

- ⇒ Green Acres Variety
- ⇒ Hopper's Variety
- ⇒ Township of Gillies office
- ⇒ Township of O'Connor office
- ⇒ Thunder Bay Country Market
- ⇒ Kakabeka Market
- ⇒ Kakabeka Rapport Credit Union
- ⇒ Rural 60 Plus
- ⇒ 55 Plus
- ⇒ Thunder Bay Feeds
- ⇒ Thunder Oak Cheese Farm
- ⇒ AJ's Trading Post
- ⇒ Metropolitan Moose
- ⇒ Odena
- ⇒ Thunder Bay Co-Op
- ⇒ IDA Kakabeka
- ⇒ Rosslyn Service
- ⇒ Mary J Black Library

*Prize book can also be found on our website at www.hymersfair.ca

NEW ONTARIO SHOOTERS ASSOCIATION INC.

PRESENTS

2023 KAKABEKA FALLS GUN SHOW

Saturday, August 26th • 9 a.m. to 4 p.m.

Sunday, August 27th • 9 a.m. to 3 p.m.

KAKABEKA LEGION

4556 Trans-Canada Hwy, Kakabeka Falls, ON

\$5 Admission

Children 12 & under FREE with paid adult admission

DOOR PRIZES

FOOD & REFRESHMENTS AVAILABLE

BUY • SELL • TRADE • DISPLAY

Guns • Knives • Reloading Supplies • Optics
Ammunition • Cartridges • Club Displays • Accessories • Literature

This show is a fundraiser for the Junior Shooters Program

www.nosa-newontarioshooters.org | Facebook: New Ontario Shooters Association Inc. - NOSA

For more information call Samantha 807-626-4003

Share your Recipes!!

If you have a favorite recipe and would like to share it in the O'Connor Cornerstone, please e-mail us at twpoconn@tbaytel.net, drop it off at the O'Connor Township Office or send it by mail to the Township of O'Connor, R.R. #1, Kakabeka Falls, ON. P0T 1W0

SUMMER FLOWERS WORD SCRAMBLER

(answers on page 15)

1. CABKL DEEY SNASU

2. LEFOORCWNE -----

3. NHDEAYAGR -----

4. VRLNEEAD -----

5. TENPUAI -----

6. OULFWNRSE -----

7. AINIZN -----

8. SIMENTIPA -----

9. MOSSOC -----

10. IAOEGNB -----

11. LELSII -----

12. IIRS -----

GINGER MOLASSES COOKIES

Submitted by Erin Laforest

Ingredients

- 2 1/4 cups flour
- 1 cup brown sugar (dark)
- 3/4 cup unsalted butter (softened)
- 1/4 cup molasses (light flavored)
- 1 large egg
- 2 teaspoons baking soda
- 1 1/4 teaspoons ground ginger
- 1 teaspoon ground cinnamon
- 1/4 teaspoon salt
- 1/4 teaspoon nutmeg
- 3/4 cup sugar

Directions

1. Preheat oven to 375 F.
2. Prepare a couple large baking sheets, lining them with parchment paper.
3. In a large bowl, cream together the brown sugar and butter until light and airy, about 3-4 minutes.
4. Slowly stream in the molasses. Once combined, scrape the sides and add in the egg. Mix until fully combined and airy again.
5. Sift in the flour, salt, baking soda, and spices into the butter mixture, and combine on low speed until a thick dough forms.
6. Place the white sugar into a small bowl and set nearby.
7. Fill a small bowl with water and set it nearby.
8. Scoop about 1/4 cup of the dough out into the palm of your hand, and roll it into a ball.
9. Take the ball of dough and roll it in the sugar so that it is generously covered. Set the ball onto a baking sheet. Dip your fingers into the bowl of water to dampen them and press the ball down lightly to flatten the ball a bit. Repeat steps to a maximum of 6 cookies per baking sheet.
10. Bake for 10-15 minutes and let cool.

SUMMERTIME FOOD AND DRINK

| | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| C | R | A | B | L | E | G | S | R | M | G | C | S | P |
| T | C | T | O | M | A | T | O | E | S | O | E | A | E |
| S | B | O | B | A | K | T | O | H | L | I | S | S | A |
| S | L | C | U | C | U | M | B | E | R | E | O | G | C |
| B | A | I | R | G | N | A | S | R | N | C | W | O | H |
| U | C | U | O | E | W | L | E | I | A | A | A | D | E |
| R | K | I | N | P | A | B | R | T | T | D | T | T | S |
| G | B | L | A | W | E | A | P | E | S | C | C | O | M |
| E | E | G | E | U | T | M | R | S | R | P | E | H | A |
| R | R | R | L | C | I | M | A | E | R | C | E | C | I |
| S | R | B | E | R | E | S | D | O | P | A | E | P | H |
| T | I | N | H | L | C | C | N | S | M | O | R | E | S |
| S | E | S | O | S | C | A | E | T | D | E | C | I | S |
| I | S | N | O | P | I | G | R | O | A | S | T | R | T |

WATERMELON
CRAB LEGS
SHRIMP TACOS
PEA PODS
BURGERS
KABOBS
PIG ROAST
TOMATOES
BLACKBERRIES
ICED TEA
PEACHES
BLUEBERRIES
CUCUMBER
NECTARINES
SMORES
ICE CREAM
COLESLAW
HOT DOGS
SANGRIA



Play this puzzle online at : <https://thewordsearch.com/puzzle/5807868/>



THE 111TH ANNUAL HYMERS FALL FAIR

SUNDAY, SEPTEMBER 3RD (9:00 am - 6:00 pm)

MONDAY, SEPTEMBER 4TH (9:00 am - 5:00 pm)

Adults \$10.00 * Seniors (65+) \$5.00

Children (6-12) \$5.00 * Children (5 & under) FREE

Children can bring a zucchini or sunflower for \$1 admission fee

DINING HALL OPENS AT 1:00 P.M. - DEEP PIT BARBECUE DINNERS

SUNDAY - ROAST BEEF & BAKED POTATOES * MONDAY - HAM & PEROGIES

OPENING CEREMONIES

11:00 am - The Pipes and Drums of Thunder Bay

11:30 am - President's Address

CATCH THE HYMERS FAIR BUS!

(no reservation required)

11:00 am - County Fair Plaza (Dollarama)

11:15 am - Thunder Bay Community Auditorium

11:30 am - Canadian Lakehead Exhibition (Heritage Building)

11:45 am - Arthur Street Marketplace

***Bussing Fee \$5 round trip, Admission extra.**

Please note that due to the lack of availability, handicapped transportation cannot be provided.

WEEKEND EVENTS

- ⇒ **Hymers Fair Market**
- ⇒ **Barns (Cattle, Sheep, Swine, Goats, Poultry, Rabbits)**
- ⇒ **Beef and Dairy Cattle Shows**
- ⇒ **Horse Show**
- ⇒ **Contests for All**
- ⇒ **Scarecrow Contest**
- ⇒ **Nail Driving Contest**
- ⇒ **Sunflower and Zucchini Contests**
- ⇒ **Musical Entertainment**
- ⇒ **Children's Playground & Activities**
- ⇒ **Children's Sports**
- ⇒ **Baby Show**
- ⇒ **Mutt Show**

THE TRADITION CONTINUES! LABOUR DAY WEEKEND!

www.hymersfair.ca

For information, please email info@hymersfair.com. To be a volunteer, please email volunteers@hymersfair.com.



JESSICA COLEY

Mortgage Specialist

Buying a home is a major decision. Whether you've just started your research or are actively house-hunting, I can help provide you with the personalized advice and solutions you need to make your home ownership goals happen.

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<https://mortgage.rbc.com/jessica.coley>



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TOPS can help you reach your weight-loss goals by providing you the support, tools, and accountability needed to be successful.

First meeting is FREE.

TUESDAYS

10:00 am - Baptist Community Church,
corner of Mudlake and Oliver Roads, Murillo

10:15 am - Hope Christian Reform Church,
1315 Crawford Avenue, Thunder Bay

5:30 pm - Blake Community Hall,
71 Blake Hall Road, Neebing

WEDNESDAYS

11:00 am - O'Connor Community Centre
330 Highway 595, O'Connor

For more information, please contact 807-577-5924.



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O'CONNOR BLESSING BOX

Thank you to everyone that has donated to the O'Connor Blessing Box. The "Blessing Box" is a **community pantry** open to and supported by the residents of O'Connor. The Blessing Box can be found outside of the O'Connor Community Centre at 330 Highway 595. If you have any questions, please contact Shelley at 807-629-2851.

If you would like to contribute to the Blessing Box, please see examples of items below to donate:

- | | |
|-------------------|---------------------------------|
| • Rice | • Pasta, Boxed Soup |
| • Oatmeal, Cereal | • Oatmeal, Granola, Cereal Bars |
| • Crackers | • Pancake Mix (add water mix) |
| • Peanut Butter | • Toilet Paper, Tissue Boxes |



Unable to reach or cut your own Nails?
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Then why not have Professional treatment within the comfort of your own home!

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- Diabetic Foot care
- Athletes Foot
- Corns
- Calluses
- Cracked Heels
- Fungal Nails
- Ingrown Nails

- Thickened Nails
- Foot health monitoring
- Health teaching
- Relaxing foot rub



Book your Home appointment TODAY!
Call or Text: (807)-630-1879
 Michelle Ruhmann RN, FCN
 Initial Assessment \$65, Follow-up \$55 (20 min drive surrounding O'Connor Township office) for all other rates please call.

Michelle's

Happy Feets

Rural Mobile Footcare

RURAL 60 PLUS

5 Pineview Road, Kakabeka Falls
 807-475-5779
 www.rural60plus.ca
 rural60@tbaytel.net

TUESDAYS

Weaving – 10am to 3pm
 Knitting – 10am to 3pm

WEDNESDAYS

Cribbage – 1pm to 3pm
 Quilting – 10am to 3pm
 Carving 10am to 3pm

THURSDAYS

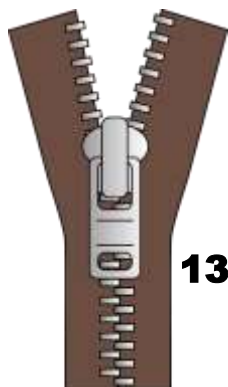
Weaving – 10am to 3pm
 Knitting – 10am to 3pm

TUESDAY TO THURSDAY

Craft Room is open
 10am to 3pm



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O'Connor Free Methodist Church

293 Sitch Road

We have in person worship services
Sunday mornings at 10:45 a.m.

The services will also appear
"live" on our Facebook page at 10:45 a.m.
if you would like to worship with us
from your own home.

Facebook: O'Connor Free Methodist Church

Pastor Chris Fiorito

Cell 807-624-6579

Church 807-577-2363

Email: pastor_chris@live.com

Please email, call or text
if you have any inquiries.

www.oconnorfreemethodist.org

Come As You Are, Everyone Welcome!

O'Connor-Conmee Fellowship Baptist Church

3 Holomego Rd.

PLEASE CALL 807-473-9362
FOR MORE INFORMATION



Answers to Word Scramble:

1. BLACK EYED SUSAN 2. CONEFLOWER
3. HYDRANGEA 4. LAVENDER 5. PETUNIA
6. SUNFLOWER 7. ZINNIA 8. IMPATIENS
9. COSMOS 10. BEGONIA 11. LILIES 12. IRIS

Pinegrove United Church

100 Hwy 130, Rosslyn, ON

In person worship 10:30 a.m. each Sunday.

See website at www.PinegroveUC.org

Join livestream worship any Sunday at 10:30 am at
www.trinityunited.church/livestream.

For Pastoral Care, call Church office at 807-939-1364,
or email pinegrove@tbaytel.net

Redeemer Lutheran Church

13 Marion Street, Kakabeka Falls, ON

For information, please contact Pastor Dan Barr
807-473-9164 or check the website at www.redeemerlcc.ca

St. James' Anglican Church

10505 John Street Rd., Murillo, ON

Please visit our website at countrywarmthinchrist.ca
to view online services every Sunday or join in person.

Rector: Reverend Jonathan Blanchard
807-939-1103 parish.rector@tbaytel.net

St. Mark's Anglican Church

5 St. Mark's St., Rosslyn, ON

Please visit our website at countrywarmthinchrist.ca
to view online services every Sunday or join in person.

Rector: Reverend Jonathan Blanchard
807-939-1103 parish.rector@tbaytel.net

St. Theresa's Roman Catholic Church

10 Porter St., Kakabeka Falls, ON

For information, please contact
Parish Priest: Fr. Randal Morrisseau at 807-935-2898
(Rectory)

www.directorydotb.ca/augustine/#2

Public Meeting

Wednesday, August 16th, 2023

7:00 P.M.

O'CONNOR COMMUNITY CENTRE

330 HIGHWAY 595

**Come out to hear the explanation
for the
Township of O'Connor's
2023 tax levy increase.**

**The 2023 Budget will be available
for review at this meeting.**

By Order of the Municipal Council
Township of O'Connor

Lorna Buob,
Clerk-Treasurer