



# The Cornerstone

## Township Of O'Connor

SEPTEMBER 2023



**PLEASE NOTE** that the Township Office will be closed Monday, September 4th in recognition of the Labour Day holiday, and Monday, October 2nd in recognition of Truth and Reconciliation Day.



### 2023 FINAL TAX BILLINGS

The 2023 Final Tax bills were mailed out at the beginning of August with three installments. Due dates are August 31st, September 29th and October 31st. Only cash, cheques (no debit or credit) will be accepted as payment at the Township Office located at 330 Highway 595. Payment can also be made using e-transfer, internet, or telephone banking. Please check our website for further details at [www.oconnortownship.ca](http://www.oconnortownship.ca).

### DISPOSAL SITE HOURS

Please note that the Disposal Site hours will be switching to Winter Hours as of Friday, September 1st. Please remember to separate your garbage and always bring your Disposal Site card with you when dropping off your garbage. See our Waste Disposal Guide on our website for details on how to separate your garbage.



### O'CONNOR VOLUNTEER FIRE DEPARTMENT & AUXILIARY 2-BIT AUCTION

This year's 2-bit auction will be held Saturday, October 7th at the O'Connor Community Centre at 7:00 pm. We are still looking for prize donations for the event. For more information on tickets or to donate, please call Cheri at 807-621-5768 or call the O'Connor Township Office. See the back page of this month's issue for more details.

### FOR SALE

The Township of O'Connor has used surplus tin for sale. Questions and inquiries can be directed to Road Superintendent, Kelly Johnson, at 807-476-1453.

### SPECIAL MEETING FOR THE O'CONNOR VOLUNTEER FIRE DEPARTMENT AND FIRST RESPONSE TEAM

The O'Connor Council would like to invite the Volunteer Fire Department and First Response Team to attend a meeting with them on

**Tuesday, September 12, 2023**  
**O'Connor Community Centre**  
**7:00 pm**

If anyone else thinks that they might be interested in attending the meeting, please join us. All are welcome. We are looking for new recruits!

For information on how to become a Volunteer Firefighter or First Responder, join us to learn about:

- ⇒ The application process
- ⇒ Training requirements
- ⇒ Township Responsibilities
- ⇒ Volunteer Responsibilities
- ⇒ Policies and By-laws pertaining to the Volunteer Fire Department

#### Emergency Contacts:

Medical Emergencies: 911  
Fire: 911 Police: 911  
Police Non-Emergency 1-888-310-1122

#### Municipal Office Hours:

Monday to Thursday:  
9:00 am to Noon & 1:00 pm to 5:00 pm  
Fridays: 9:00 am to Noon

**Office Phone:** 807-476-1451

**Fax:** 807-473-0891

**Garage:** 807-476-1453

**Community Centre:** 807-476-1452

**Website:** [www.oconnortownship.ca](http://www.oconnortownship.ca)

**E-mail:** [twpoconn@tbaytel.net](mailto:twpoconn@tbaytel.net)

**Find the Cornerstone on our website!**

#### Disposal Site Hours:

**Winter Hours (Sept 1-Mar 31)**

**Tuesdays 3:00 pm to 6:00 pm**

**Saturdays 9:00 am to 3:00 pm**

**Summer Hours (Apr 1-Aug 31)**

**Tuesdays 6:00 pm to 9:00 pm**

**Saturdays 9:00 am to 3:00 pm**

#### Volunteer Fire Department:

O'Connor needs Volunteer Firefighters and First Responders! For more Information or questions on volunteering, please see page 3 for contact numbers.

#### Dog Control Officer:

Margaret Foster 807-632-1235

#### Building Permits:

By-law Number 2016-12, being a by-law respecting Construction, Demolition, Inspections, and to set out the rates for permits within the Corporation of the Township of O'Connor states that building permits will be required for the construction, erection, alteration, repair, removal, relocation and change of use of all buildings, decks or structures within the Township of O'Connor. If you are building anything larger than **161.2** square feet or any building with heating and/or plumbing, you are required to apply for a building permit. For more information, please call the Township Office or the Township's **Chief Building Official, Martin Tempelman, at 807-630-9726 or email to [cbomartint@gmail.com](mailto:cbomartint@gmail.com)**. Applications are available on the Township Website or at the Township Office.

#### Oliver Paipoonge Library Hours:

Rosslyn - Tues & Thurs 10-8 pm

Fridays 10-3 pm

Saturdays 1-4 pm

Murillo - Mon & Wed 10-8 pm

Saturdays 9 am-12 noon

Email: [olibrary@tbaytel.net](mailto:olibrary@tbaytel.net)

<http://oliverpaipoonge.olsn.ca/>

#### Thunder Bay District Health Unit:

807-625-5900 Toll Free: 888-294-6630

#### Telehealth Ontario:

1-866-797-0000

Call Ontario 2-1-1 to find programs and services in your area.



## COUNCIL MEETINGS

The next meetings of Council will be held:

**Monday, Sept. 11th and 25th at 7 p.m.** - Regular meeting of Council to be held in Council Chambers

**Tuesday, Sept. 12th at 7 pm** - Special meeting of Council with the O'Connor Volunteer Fire Department to be held in the O'Connor Community Centre.

The regular meetings of Council will be held in Council Chambers at 330 Highway 595. To view meeting agendas, please visit the Township Website at

[www.oconnortownship.ca](http://www.oconnortownship.ca) to access them through the

"Council" page. Please note that the virtual option to join a meeting is no longer available.

Council welcomes your involvement.

**Mayor:** Jim Vezina - 807-577-6735

### Councillors:

Alex Crane, 807-473-9420

John Sobolta, 807-624-8025

Bishop Racicot, 807-577-2215

Carly Torkkeli, 807-620-2579

## REMINDER TO FARMERS

Please ensure that fence lines are checked for damage from weathering, fallen trees, etc.

Be mindful of keeping your animals on your side of the fence and that they are not free to roam on Township roads or into your neighbouring yards.

## ASSOCIATION OF COMMUNITY PASTURES

For information, questions, or concerns regarding the Community Pastures and its cattle,

Please contact

Mike Huber

at

519-572-0184



## Dogs Running at Large

The staff of the Township of O'Connor would like to remind all dog owners to keep your dogs on your own property. If you haven't checked your dog's leashes and collars recently, please check for cracks, tears and breaks, and check the batteries in your battery operated dog leashes at the same time. We ask that people do their due diligence in maintaining these safety measures, as not just for the safety of neighbours and passers by, but also for the safety of your dogs. If you are having trouble with dogs running at large, please contact the Township's Dog Control Officer, Margaret Foster at 807-632-1235.

## RURAL CUPBOARD FOOD BANK

### Neighbours Helping Neighbours

Conmee Municipal Complex

19 Holland Rd, Kakabeka Falls P0T1W0

807-285-0836

**Next Food Bank is**

**Wednesday, September 20, 2023**

**Registration 9 am to 11 am**

**Drive-thru pick up**

We sincerely thank all those that continue to support us.

Your donations enable the food bank to remain open.



## DISPOSAL SITE

### TIPS TO RECYCLE FALLEN LEAVES

#### Mow the leaves into the lawn to recycle their nutrients

The simplest, easiest way to use the leaves is to mow over them with a mulching mower so that the leaf pieces can fall down between the grass blades. The leaf pieces will release nutrients as they decompose.

#### Collect the mulch and fallen leaves

The next simplest alternative is to collect the leaves and spread them around shrubs, trees or vegetables so they can work as mulch. Run over the leaves a few times with the mower to try to break them down and they'll be less likely to blow away. Mulch can moderate the soil temperature, prevent erosion and evaporation, greatly reduce weed problems, and provide nutrients for plant roots as it decomposes over time.

#### Use the leaves as compost

A third option for using fallen leaves is to compost them. Composting leaves takes more commitment than mulching them, but it creates a nutrient-rich mix that can be mixed with soil to help plants thrive. Whether you've got a compost bin or heap, it's simple to collect up your leaves and pop them into your compost. Do this throughout the fall to top your compost up, but remember to add in brown waste, such as cardboard, to keep it balanced.

#### Twigs and Branches

Trees shed branches naturally, and branches are also damaged by insects, pathogens, and weather, and need to be removed for the health of the tree.

Small twigs and branches can be easily cut into manageable pieces and added to your compost pile. Larger branches take more time to break down naturally (so if you add them to your compost bin, they'll still be there next year), so it's a good time to break them up.

#### Garden Waste

Rotting vegetables or fruit from the garden, as well as dried up vegetables and stalks can be thrown into the compost pile. Be sure not to compost any plants that are showing any sign of disease or anything riddled with "bad" bugs. Also be sure not to compost anything that has been treated with chemical pesticides.

## EMERGENCY INFORMATIONS FORMS

Have you filled out or updated your Emergency Information Form? These forms are so important to have on file at the Township Office for your safety, in the event of an emergency. As a small community, staff are always concerned for our residents' well-being. These forms give staff the information they need to ensure that your needs are met during an emergency or in the event of an emergency evacuation. It also lets staff know if you are willing to give a helping hand to your community in the event of an emergency. All information is kept confidential and used only in the event of an emergency. Find the Emergency Information Form on the Township's Website under "O'Connor Living," "Emergency Services." Email at [twpoconn@tbaytel.net](mailto:twpoconn@tbaytel.net), or drop off completed forms to the Township Office during regular office hours or drop in an envelope through the mail slot located on the office front door at :

330 Highway 595



## Volunteer Fire Department News

Since the last newsletter, the O'Connor Volunteer Fire Department received 1 Fire call for a brush fire and 1 First Response call.

Get your tickets for the 2023 O'Connor Volunteer Fire Department Auxiliary 2-Bit Auction!! We are looking for donations to help the event. All proceeds go to purchasing safety equipment for the O'Connor Volunteer Fire Department and First Response Team. See the back page of this month's issue of the Cornerstone for further details.

### FIRE SAFETY CHECKLIST

- \* Make sure to book your furnace service,
- \* Make sure to book your chimney sweep,
- \* Make sure smoke alarms are installed on every level of your home, inside bedrooms and outside sleeping areas,
- \* Make sure fire extinguishers are properly stored, easily accessible, charged and undamaged. Also make sure everyone in your household knows how and when to use it,
- \* Review your Home Fire Escape Plan with the family.

Don't forget to test your alarms monthly.

Ensuring your smoke alarms and carbon monoxide detectors are functioning properly could save your life!

### BECOME A VOLUNTEER! WE NEED YOU!!

The Township of O'Connor is looking for volunteers for O'Connor's Volunteer Fire Department and First Response Team. Volunteer firefighter training occurs on a weekly ongoing basis and now is the perfect time to join our team. Our community needs more volunteers to ensure that in the event of an emergency, our residents will be taken care of as fast as possible. Without a Volunteer Fire Department, residents can also expect an increase in their insurance rates. For questions on volunteering for the O'Connor Fire Department, First Response and/or Auxiliary, please call:

Fire Chief Henry Mattas at 628-3523

**Volunteer Fire Department**

Leanne at 475-5828

**Volunteer First Response**

Cheri at 621-5768

**Volunteer Fire Department Auxiliary**

Applications to join the team can be found on the Township of O'Connor website at [www.oconnortownship.ca](http://www.oconnortownship.ca).

**Your Volunteer time could make a difference in someone else's life.**

## SMOKE DETECTORS & CARBON MONOXIDE ALARMS SAVE LIVES

The O'Connor Fire Department has for purchase:

**Kidde Smoke Alarms.....\$25.00**

**Kidde Carbon Monoxide (CO) Alarms.....\$25.00**

**Kidde Combination Smoke/CO Alarms.....\$50.00**

These units can be picked up at the O'Connor Township Office during regular office hours. For more information on fire safety, please check the Township website at [www.oconnortownship.ca](http://www.oconnortownship.ca) or ask the Township office staff for available information pamphlets.



## DONATE YOUR:

- ⇒ POP CANS                      ⇒ BEER CANS
- ⇒ LIQUOR BOTTLES            ⇒ BEER BOTTLES

## FOR THE O'CONNOR VOLUNTEER FIRE DEPARTMENT!

**HELP OUR LOCAL FIRE DEPARTMENT RAISE MONEY BY PUTTING YOUR CANS AND BOTTLES IN THE SPECIALIZED BINS FOR O'CONNOR!**

The O'Connor Fire Department Auxiliary has pop & beer can, beer & liquor bottle bins at the O'Connor Disposal Site, the O'Connor Fire Hall, Kakabeka Falls Public School and Green Acres Variety. Using these bins, rather than the regular recycling bins, helps raise money for the O'Connor Volunteer Fire Department equipment thus reducing the tax dollars needed during budget time.

### FEELING EXTRA CHARITABLE??

Remove your pop can tabs and drop them off at the Township of O'Connor Office for the March of Dimes.



## FIRE PERMITS

Fire Permits required between April 1st and October 31st.

- Fire Permits are required for **ALL** outdoor burning, including fireworks and incinerators, with the exception of small campfires for cooking or warmth,
- Permits may be revoked at anytime at the absolute discretion of the Township's Fire Chief, Henry Mattas,
- Fire Permits are valid for the entire fire season and can be obtained through the following steps below:

⇒ **STEP 1:** Register online at: <https://oconnor.burnpermits.com/> Keep your password for future years. If you have already registered a previous year, please skip to Step 2.

⇒ **STEP 2:** Using the same login information from previous years, follow the steps at the above web address to apply for your burn permit.

⇒ **STEP 3:** Call 1-833-490-0299 each time before burning. Calling this number before you burn is mandatory to ensure the Township is aware of all active burns, while providing you with the necessary risk level information.

If you're unable to register or apply for a permit online, contact the Township Office at 807-476-1451 for staff assistance.

## O'CONNOR EMERGENCY TEXT MESSAGING SERVICE

Please sign up for O'Connor's Emergency Text Messaging Service. It is free of charge to you and phone numbers are for this service only. Stay informed on road closures, emergencies, municipal events and updates happening in O'Connor Township.

Instructions for the Township of O'Connor Emergency Text Messaging System can be found on the Township Website at [www.oconnortownship.ca](http://www.oconnortownship.ca) under "O'Connor Living," "Emergency Services."

**PLEASE NOTE: The text messaging service is for outgoing messages only. If you wish to send us a message, do so by emailing to [twoconn@tbaytel.net](mailto:twoconn@tbaytel.net). Please do not respond to the delivered text messages as these are not checked on a regular basis.**





Mark your calendars because Ontario is gearing up for its first provincial “Test Your Smoke Alarm Day” on September 28, 2023. This initiative is being led by the Office of the Fire Marshal (OFM) and its partners, to increase awareness about smoke alarm safety.

## TIPS FOR CHIMNEY SAFETY

With winter around the corner, residents with chimneys should be reminded of tips to keep your homes safe and free of fire.

### **Your Chimney and Fireplace Cleaned and Inspected Annually**

A damaged chimney can spread fire to the surrounding areas in your home. Annual cleaning of the chimney will ensure better passage for the smoke and exhaust gases, in addition to regular removal of dangerous creosote.

### **Build Small Fires**

A small fire that burns well does not produce as much creosote as a large fire that is burning slowly. This is because a fire that burns brightly produces lesser smoke and soot, thereby reducing the buildup on the inside of the chimney. Small fires are also safer and easier to control.

### **Use Seasoned Wood**

To build any fire, always use wood that has been seasoned for 6 months or longer.

### **Never Use Paper or Combustible Liquids in the Fireplace**

Never use combustible materials or liquids to start a fire. The flames can get out of hand very quickly, resulting in disaster.

### **Use a Chimney Liner**

Chimney liners provide better air flow, better exhaust passage for combustion gases and also protect the chimney structure from excessive heating and exhaust fumes.

### **Install a Chimney Cap**

A chimney cap prevents unwanted elements in your chimney.

### **Ensure Good Air Supply**

Restriction in the air supply to the fireplace aids in the formation of creosote. To improve air flow, ensure that the fireplace damper is fully open.



## YARD SALE

SEPTEMBER 3rd & 4th

389 HIGHWAY 595

9:00 am to 8:00 pm

SOMETHING FOR EVERYONE!

## O'CONNOR COMMUNITY CLUB

If you are interested in joining the O'Connor Community Club team or volunteering for the club, please contact Lorna at 807-476-1451 for more information. All are welcome to attend. Meeting nights are flexible to adhere to members availability. We are always looking for new members, event ideas and activities! Come join us to ensure social events like these continue to happen in O'Connor.



## Kakabeka Falls

& Rural District RCL Branch #225

Kakabeka Legion, 4556 Highway 11-17, Kakabeka Falls

Saturday, September 2nd - **Market Breakfast**  
9:00 am and noon

Saturday, September 2nd - **Dance with Quest**  
7:00 - 10:00 pm

Saturday, September 9th - **Market Breakfast**  
9:00 am and noon

Saturday, September 9th - **Exec/Gen Meeting**  
2:30/3:00 pm

Sunday, September 10th - **Monthly Buffet Breakfast**  
8:30 am - noon

Sunday, September 10th - **Gymkhana** starts at noon

Sunday, September 17th - **Gymkhana** starts at noon

Sunday, September 17th - **Jam Session**  
7:00 - 9:30 pm

Saturday, September 23rd - **Market Breakfast**  
9:00 am and noon

Sunday, September 24th - **Music in the Afternoon**  
2:00 - 4:00 pm

Friday, September 29th - **Dinner/Dance with the Fugitives**

Dinner 6:00 pm Dance 7:00 - 10:00 pm \$30 per person

Saturday, September 30th - **Dance with Quest**  
7:00 - 10:00 pm

Call the Legion hotline for any changes at 807-473-9122.



## Commemorative Plaques

***Celebrate a family member, friend or loved one and order a plaque TODAY!***

The Township of O'Connor offers plaques to observe special anniversaries of 50 years or longer and birthday celebrations of 75 years or older for present and past residents of the Township. If you know anyone who will be celebrating either of these special events, please contact the Township office three weeks prior to the date and a plaque will be ordered at no charge.



## Cornerstone Advertising

The following fee structure for advertising in the Cornerstone has been set by Council;

- **Business Ad** - \$ 10.00
- **Full Page Ad** - \$ 30.00
- **Personal/Classified Ads** (ie. Garage sale, Parties, Funeral or Celebration of Life) - \$ 5.00
- **Announcements** (ie. birthday, anniversary, baby) - \$ 2.00
- **Death Announcements** - Free of Charge for the Township of O'Connor past or present residents. **(This does not include funeral advertisements)**

DEADLINE TO SUBMIT IS THE 20TH OF EACH MONTH.



## O'CONNOR COMMUNITY CENTRE

Book your next special occasion at the O'Connor Community Centre. Maximum capacity in the Community Centre is 162 people. If a liquor license is required, the Centre's capacity is 132 people. Please call the Municipal Office at 807-476-1451 for more information or to book your event.

### O'Connor Hall Rental Fees:

- ⇒ Social with Liquor - \$200.00
- ⇒ Hall Rental No Liquor - \$75.00
- ⇒ Use of basement Kitchen - \$50.00

—Please note that a deposit may be required.—



## O'Connor's History Book

**"First Hundred Years Of Country Living At Its Best"**

The Township of O'Connor has copies of the O'Connor History Book which commemorate the "First 100 years of O'Connor's Country Living At Its Best." Copies of the hardcover book can be purchased for \$40 at the O'Connor Township Office during regular office hours.



## LOCAL FOODS!

Fresh Veggies & Fruits  
Artisan Baking  
Preserves and Jams  
Handmade Treasures  
Art & Woodwork

Sat's 9:30-12:30pm - until Sept. 23

Kakabeka Legion Parking Lot  
4556 Hwy 11/17 - Kakabeka Falls





# CRIBBAGE

BEGINNERS WELCOME!

EVERY TUESDAY 1 P.M.

ROSSLYN COMMUNITY CENTER

3405 ROSSLYN ROAD



The Township of O'Connor Council and Staff would like to wish everyone a safe and enjoyable Labour Day weekend. The 1st day of Fall is Saturday, September 23rd.

## The First Day of School

The first day of school is Wednesday, September 6th. Please drive with caution and watch for children walking on the road and at their driveways, as well as buses with their stop signs out. Please watch and stop for the amber lights that warns drivers that the bus is coming to a stop -- before the red lights come on and stop arm goes out.

### Murillo Library

Monday 10 – 8:00 pm  
Wednesday 10 – 8:00 pm  
Saturday 9 – 12 pm  
935-2729

Email:

[oplibrary@tbaytel.net](mailto:oplibrary@tbaytel.net)

Website:

<http://oliverpaipoonge.olsn.ca>

### Rosslyn Library

Tuesday 10 – 8:00 pm  
Thursday 10 to 8:00 pm  
Friday 10 – 3:00 pm  
Saturday 1 – 4:00 pm  
939-2312

### After school 'Reading with Rena'

Calling students in grades 4 to 6...

Do you enjoy being read to in a quiet relaxing space?

Why not join us at the Murillo Library and see what it's all about.

Monday September 18<sup>th</sup> at 3:00 p.m.

Snacks will be provided.



Thank you to L. Bron for making a donation to Rosslyn Library in memory of Sandy Vibert



We now have 1 pickleball set available for borrowing with your library card (4 paddles/balls) perfect for use at the Rosslyn courts!

Murillo Library will be closed on Saturday Sept. 2<sup>nd</sup> and Monday September 4<sup>th</sup>.



## Carpet Bowling for Seniors Rosslyn Community Centre

Sponsored by Rosslyn Library

### Seniors!

Enjoy a fun game of carpet bowling!

- Relaxed & gentle pace of exercise
- Free
- Socializing & fun times
- Coaching available
- Snacks & refreshments
- Air conditioned comfort

Beginners welcome!!



Rosslyn Hall  
every Friday

1 - 3 pm

Call the library at 939-2312 for more information.

Please bring indoor shoes!



FUN



## Story Time with Kelsea

Every Thursday at 11:00

(beginning Sept. 7<sup>th</sup>)

at Rosslyn Library



## Volunteer speakers and or anyone with a talent to share wanted!

A group of adults meets regularly every Thursday at 12:30 for coffee and conversation at Rosslyn Library and would like to invite guest speakers to join them. If you have a talent, craft, computer expertise or would like to bring a particular subject to their attention, please contact Rosslyn Library (939-2312) and we will work out the details. *The coffee pot is always on!*



## Start the new year off right! It's time to join.... Free Exercise Class for all ages



This safe low-impact routine works to lubricate joints and keep them flexible, strengthen and stabilize individual muscles and increase blood circulation resulting in a decreased number of falls and an increased ability to better accomplish day-to-day physical activities.

**Drop in every Tuesday and Thursday  
from 11:30 – 12:00 at Rosslyn Library**  
(Stretch bands and balls on Tuesday, weights on Thursday) *Please bring indoor shoes and weights.*



NorWest Community  
Health Centres  
Centres de santé  
communautaire NorWest

## HELP US *decorate* our Kakabeka Site

We want to connect our rural communities to our Kakabeka Site to depict the culture and history of the area we reside.

### Artwork Ideas:

- Pictures
- Drawings
- Woodworking
- Crafts
- ETC!



Deadline  
**Sept 15**

**Have any questions?**  
Call (807) 473-5528



NorWest Community Health Centres - Kakabeka Site  
4785 ON-11 Unit B, Kakabeka Falls, ON P0T 1W0



### Public Utility Locate Service

There is buried infrastructure all over Ontario. You must contact Ontario One Call to get buried cables, pipes, and wires located so you can dig safely.

Ontario One Call is a public safety administrative authority and the communication link between those wanting to dig and buried infrastructure owners who are required to provide locates.

Ontario One Call does not physically mark the lines, pipes, or cables. We relay the dig information to the buried infrastructure owners so they can mark (locate) based on the request you submit.



# SEPTEMBER 2023



NorWest Community  
Health Centres  
Centres de santé  
communautaire NorWest

MON	TUE	WED	THU	FRI
				1
4	5	6	7 <b>LifeLabs</b> <b>Walk-In Clinic</b> 8:30am-4:30pm	8
11 <b>Mobile Clinic - Armstrong</b> 1pm-6pm	12 <b>Fly the C.O.O.P Walking Group</b> <b>Mobile Clinic - Armstrong</b> 8:30am-12pm <b>Walk-In Clinic</b> 8:30am-8:00pm	13	14 <b>LifeLabs</b> <b>Walk-In Clinic</b> 8:30am-4:30pm	15
18 <b>Walk-In Clinic</b> 8:30am-4:30pm	19 <b>Fly the C.O.O.P Walking Group</b> <b>Grocery tour with our Dietitian</b>	20	21 <b>LifeLabs</b> <b>Hearing Clinic</b> 12:30pm-3:30pm	22
25	26 <b>Fly the C.O.O.P Walking Group</b>	27 <b>Walk-In Clinic</b> 8:30am-4:30pm	28 <b>LifeLabs</b> <b>Mobile Clinic - Upsala</b> 10am-3:30pm <b>Hearing Clinic</b> 10am-Noon	29 <b>Tea and Talk</b> 10am-Noon

## Kakabeka Site

4785 ON-11 Unit B,  
Kakabeka Falls,  
ON P0T 1W0  
(807) 473-5528

## PROGRAM INFO.

Call Shaun at (807) 473-5528  
ext.1 to register for all programs

**Fly the C.O.O.P Walking Group**  
Meets outside of the Kakabeka site

**Grocery tour with our Dietitian**  
1-2pm at Odena Foods

**Tea and Talk**  
Nolalu Community Centre

**Please call to book an  
appointment for:**

- **LifeLabs**
- **Dietitian**
- **Diabetes Educator**
- **Hearing Clinic**

Sept 21 @ Shebandwan  
Community Centre

Sept 28 @ O'Connor  
Community Centre



## Follow us!

NorWest Community  
Health Centres -  
Kakabeka Falls Clinic

[www.norwestchc.org](http://www.norwestchc.org)

# September 2023

NorWest Community Health Centres - Kakabeka Site

<b>WALK IN CLINICS</b>	Sept 7, 14, 18 & 27 from 8:30am-4:30pm
<b>LIFELABS</b>	Every Thursday, please call to book an appointment
<b>Fly the C.O.O.P Walking Group</b> *call to register	Sept 12, 19 & 26 from 10-11am Meet outside of the Kakabeka site
<b>Hearing Clinic</b> *call to register	Sept 21 @ Shebandwan Community Centre from 12:30pm-3:30pm Sept 28 @ O'Connor Community Centre from 10am-12pm
<b>Grocery Tour with our Dietitian</b> *call to register	Sept 19 from 1-2pm @ Odena Foods
<b>Tea and Talk</b> *call to register	Sept 29 from 10am-12pm @ Nolalu Community Centre

**Kakabeka Site**



4785 ON-11 Unit B,  
Kakabeka Falls, ON P0T 1W0



(807) 473-5528



# Ontario Seniors Dental Care Program



*Provides FREE dental services  
to eligible seniors*

## You may be eligible if you:

- Are **65** or older
- Have no access to any other form of **dental benefits** (e.g. private insurance or other government program)
- Are a **resident of Ontario**
- Have an annual net income of **\$22,200** or less for a single person OR a combined net income of **\$37,100** or less for a couple

For more information:  
Visit [TBDHU.com/SeniorsDental](http://TBDHU.com/SeniorsDental)

To apply online:  
Visit [ontario.ca/SeniorsDental](http://ontario.ca/SeniorsDental)

For assistance or to book an appointment:  
Call (807) 625-5984 or toll-free: 1-888-294-6630



Thunder Bay District  
**Health Unit**



The LRCA declared a Level I Low Water Condition for the LRCA Area of Jurisdiction on August 3, 2023. This declaration is based on one-month and three-month received precipitation and observed flow conditions in area streams when compared to the lowest average summer flows. Affected residents (households utilizing private wells) are advised to monitor their water levels and usage, as they may experience shortages if the lack of precipitation continues into the fall.

A new Pay and Display unit has been installed at Silver Harbour Conservation Area, replacing the coin box. Visitors to the Conservation Area are required to pay their \$5.00 per vehicle day-use parking fee (including utilization of the boat launch) via the pay and display or have a valid Explore Card Parking Pass visible in their windshield. Payment compliance is enforced by LRCA Provincial Offences Officers as part of Section 29 Regulations under the *Conservation Authorities Act*.

The Silver Harbour Dive Park is now officially open! All certified scuba-divers are welcome to utilize the newly developed Lake Superior access point (located approximately 130 metres east from the parking lot) for safe access and egress to the lake. Scuba Diving is not permitted in the boat launch area.

The LRCA still has some spots available at our upcoming fall Watershed Explorer programs. Space is limited and pre-registration is required. To register, visit [www.store.lakeheadca.com](http://www.store.lakeheadca.com). Programs are possible thanks to the generous support of the TD Friends of the Environment Fund.

Autumn is a wonderful time to explore a Conservation Area. The falls colours will be starting soon, and the weather will be cooling off which means less bugs. If you plan on visiting us this fall, we would like to remind all visitors of the \$5.00 per vehicle fee. If you visit often, Explore Card Parking Passes permit day-use/parking at our ten Conservation Areas for one calendar year. Visit as often as you like. Enjoy one calendar year of recreation activities! For the low price of \$40.00 +HST, it's convenient for frequent users, and a great gift idea. All Explore Card revenue goes directly towards the upkeep and maintenance of our Conservation Areas.

## RURAL 60 PLUS

5 Pineview Road, Kakabeka Falls  
807-475-5779, [www.rural60plus.ca](http://www.rural60plus.ca), [rural60@tbaytel.net](mailto:rural60@tbaytel.net)

### TUESDAYS

Weaving – 10am to 3pm

Knitting – 10am to 3pm

### WEDNESDAYS

Cribbage – 1pm to 3pm

Quilting – 10am to 3pm

Carving 10am to 3pm

### THURSDAYS

Weaving – 10am to 3pm

Knitting – 10am to 3pm

### TUESDAY TO THURSDAY

Craft Room is open 10am to 3pm

## BEAR ENCOUNTERS

Not every bear sighting is an emergency situation. Here is who to call if you encounter a bear.

### Emergency situations

Call 911 or your local police if a bear poses an immediate threat to personal safety and exhibits threatening or aggressive behaviour, such as:

- Enters a school yard when school is in session,
- Stalks people and lingers at the site,
- Enters or tries to enter a residence,
- Wanders into a public gathering,
- Kills livestock/pets and lingers at the site.

Police will respond first to an emergency situation, but may request assistance from the Ministry of Natural Resources and Forestry.

### Non-emergency encounters

Call the toll-free Bear Wise reporting line at 1-866-514-2327 or (TTY 705-945-7641) if a bear:

- Roams around or checks garbage cans,
- Breaks into a shed where garbage or food is stored,
- Pulls down a bird feeder or knocks over a barbecue,
- Moves through a backyard or field, but does not linger.

This line operates 24 hours a day, seven days a week, from April 1st to November 30th.

### If you encounter a black bear

When bears are caught off guard, they are stressed, and usually just want to flee. Stop. Do not panic. Remain calm. Generally, the noisier the bear is, the less dangerous it is, provided you do not approach. The noise is meant to scare you off and acts as a warning signal.

### Do

- Slowly back away while keeping the bear in sight and wait for it to leave,
- If the bear does not leave, throw objects, wave your arms and make noise with a whistle or air horn,
- Prepare to use bear spray,
- If you are near a building or vehicle get inside as a precaution.

### Do not

- Run, climb a tree or swim - a bear can do these things much better than you,
- Kneel down,
- Make direct eye contact.

### Bear warning signs

Black bear attacks are extremely rare. A threatened or predatory black bear will give off warning signs to let you know you are too close. If a black bear stands on its hind legs this is not aggressive behaviour, and the bear is trying to get a better look at you or catch your scent.

### After the bear leaves

- Report the bear encounter by calling 1-866-514-2327 (TTY 705-945-7641) between April 1st and November 30th,
- Tell your neighbours about bear activity in the area,
- If the bear was eating non-natural food (such as garbage or bird food), remove or secure the item.





# **THE 111TH ANNUAL HYMERS FALL FAIR**

**SUNDAY, SEPTEMBER 3RD (9:00 am - 6:00 pm)**

**MONDAY, SEPTEMBER 4TH (9:00 am - 5:00 pm)**

**Adults \$10.00 \* Seniors (65+) \$5.00**

**Children (6-12) \$5.00 \* Children (5 & under) FREE**

Children can bring a zucchini or sunflower for \$1 admission fee

**DINING HALL OPENS AT 1:00 P.M. - DEEP PIT BARBECUE DINNERS**

**SUNDAY - ROAST BEEF & BAKED POTATOES \* MONDAY - HAM & PEROGIES**

## **OPENING CEREMONIES**

**11:00 am - The Pipes and Drums of Thunder Bay**

**11:30 am - President's Address**

## **CATCH THE HYMERS FAIR BUS!**

(no reservation required)

**11:00 am - County Fair Plaza (Dollarama)**

**11:15 am - Thunder Bay Community Auditorium**

**11:30 am - Canadian Lakehead Exhibition (Heritage Building)**

**11:45 am - Arthur Street Marketplace**

**\*Bussing Fee \$5 round trip, Admission extra.**

**Please note that due to the lack of availability, handicapped transportation cannot be provided.**

## **WEEKEND EVENTS**

- ⇒ **Hymers Fair Market**
- ⇒ **Barns (Cattle, Sheep, Swine, Goats, Poultry, Rabbits)**
- ⇒ **Beef and Dairy Cattle Shows**
- ⇒ **Horse Show**
- ⇒ **Contests for All**
- ⇒ **Scarecrow Contest**
- ⇒ **Nail Driving Contest**
- ⇒ **Sunflower and Zucchini Contests**
- ⇒ **Musical Entertainment**
- ⇒ **Children's Playground & Activities**
- ⇒ **Children's Sports**
- ⇒ **Baby Show**
- ⇒ **Mutt Show**

**THE TRADITION CONTINUES! LABOUR DAY WEEKEND!**

[www.hymersfair.ca](http://www.hymersfair.ca)

For information, please email [info@hymersfair.com](mailto:info@hymersfair.com). To be a volunteer, please email [volunteers@hymersfair.com](mailto:volunteers@hymersfair.com).

## Share your Recipes

If you have a favorite recipe and would like to share it in the O'Connor Cornerstone, please drop it off at the O'Connor Township Office or send it by mail to the address below or e-mail us at [twpoconn@tbaytel.net](mailto:twpoconn@tbaytel.net)  
Township of O'Connor, R.R. #1, Kakabeka Falls, ON. P0T 1W0

## BACK TO SCHOOL! WORD SCRAMBLER

(answers on page 15)

1. CHOLSO USB \_ \_ \_ \_ \_
2. HTEECRA \_ \_ \_ \_ \_
3. TCUNEOIDA \_ \_ \_ \_ \_
4. OMUSTRPEC \_ \_ \_ \_ \_
5. ENBIDR \_ \_ \_ \_ \_
6. KOSOB \_ \_ \_ \_ \_
7. RAWIOBEDTH \_ \_ \_ \_ \_
8. LRUOCTACAL \_ \_ \_ \_ \_
9. ILNEPSC \_ \_ \_ \_ \_
10. ATSMSELCAS \_ \_ \_ \_ \_
11. HRGHEIHTLGI \_ \_ \_ \_ \_
12. CSISROSS \_ \_ \_ \_ \_

## Pistachio Cake (aka Watergate Cake)

Submitted by Ronda Martin

### Ingredients:

- 1 box White cake mix
- 3 eggs
- 1 cup vegetable oil
- 1 cup 7-up or ginger ale
- 1 package of pistachio pudding mix

### Topping:

- 1 package of pistachio pudding mix
- 1 cup milk
- 1 cup to 1 litre tub of cool whip. ( I use a full tub of cool whip for extra topping)

### Directions:

Add vegetable oil and eggs to cake mix, blend well. Add pop, blend well. Add pudding mix, blend well. Put in 9 x 13 cake pan. Bake in a preheated 350 F oven for 30 to 40 minutes (if using a glass pan maybe a bit longer) Let cool completely.

For topping, add milk to pudding mix, blend well. Add cool whip to blended mixture. Spread on cooled cake. Sprinkle with finely chopped walnuts (optional). Refrigerate afterwards.

## UNIVERSITIES AND COLLEGES

N	O	S	M	N	A	I	B	R	O	C	K	L	E
H	N	O	C	N	A	I	G	R	O	E	G	A	R
K	K	R	A	O	L	A	K	E	H	E	A	D	E
A	L	M	N	E	A	R	A	G	A	I	N	R	I
A	D	N	A	A	L	G	O	N	Q	U	I	N	R
L	A	A	D	D	U	R	H	A	M	G	R	B	U
G	C	G	O	M	C	M	A	S	T	E	R	O	A
O	E	O	R	E	S	S	D	O	L	E	K	R	L
M	N	T	E	A	N	A	E	G	H	W	E	E	A
A	E	S	S	H	E	R	I	D	A	N	R	A	R
W	S	E	T	R	E	N	T	H	A	S	I	L	A
E	Y	N	A	A	U	T	O	T	Y	O	R	K	E
S	A	O	U	T	Q	M	N	R	E	T	S	E	W
A	A	C	A	R	L	E	T	O	N	S	R	A	L

MCMASTER  
LAKEHEAD  
CONESTOGA  
YORK  
ALGONQUIN  
CANADORE  
SHERIDAN  
MOHAWK  
LAURIER  
ALGOMA  
BROCK  
SENECA  
NIAGARA  
BOREAL  
DURHAM  
GEORGIAN  
CARLETON  
NOSM  
TRENT  
QUEENS  
WESTERN



Play this puzzle online at : <https://thewordsearch.com/puzzle/5914856/>





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**First meeting is FREE.**

**TUESDAYS**

**10:00 am** - Baptist Community Church,  
 corner of Mudlake and Oliver Roads, Murillo

**10:15 am** - Hope Christian Reform Church,  
 1315 Crawford Avenue, Thunder Bay

**5:30 pm** - Blake Community Hall,  
 71 Blake Hall Road, Neebing

**WEDNESDAYS**

**11:00 am** - O'Connor Community Centre  
 330 Highway 595, O'Connor

For more information, please contact 807-577-5924.

### O'CONNOR BLESSING BOX

The "Blessing Box" is a **community pantry** open to and supported by the residents of O'Connor. The Blessing Box can be found outside of the O'Connor Community Centre at 330 Highway 595. If you have any questions, please contact Shelley at 629-2851.

If you would like to contribute to the Blessing Box, please see examples of items below to donate (Please no cans at this time due to warmer temperatures):

- Rice
- Pasta, Boxed Soup
- Oatmeal, Cereal
- Oatmeal, Granola or Cereal Bars
- Crackers
- Pancake Mix (add water mix)
- Peanut Butter
- Toilet Paper, Tissue Boxes



**September Events**

**September 17th - Gillies Day Fall Harvest Fest**

**September 29th - Waldorf Parent & Child Gathering**

**September 30th & October 1st - Book Swap**

**Monday Gentle Flow Yoga 7-8pm**

**Tuesday Playgroup 10-12pm**

**October 21st SAVE THE DATE - Halloween Dance & Party**

Be sure to follow along on the Gillies Community Centre Facebook page for ALL the events happening this month!



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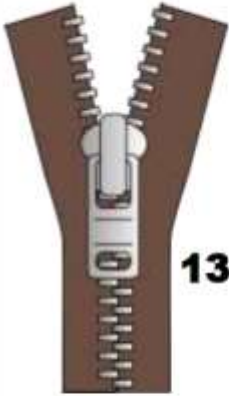
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## **O'Connor Free Methodist Church**

293 Sitch Road

We have in person worship services  
Sunday mornings at 10:45 a.m.

The services will also appear

**"live" on our Facebook page at 10:45 a.m.**

if you would like to worship with us  
from your own home.

**Facebook: O'Connor Free Methodist Church**

Pastor Chris Fiorito

Cell 624-6579

Church 577-2363

Email: pastor\_chris@live.com

Please email, call or text  
if you have any inquiries.

[www.oconnorfreemethodist.org](http://www.oconnorfreemethodist.org)

Come As You Are, Everyone Welcome!

## **O'Connor-Conmee Fellowship Baptist Church**

3 Holomego Rd.

**PLEASE CALL 473-9362  
FOR MORE INFORMATION**



### **Answers to Word Scramble:**

1. SCHOOL BUS
2. TEACHER
3. EDUCATION
4. COMPUTERS
5. BINDER
6. BOOKS
7. WHITEBOARD
8. CALCULATOR
9. PENCILS
10. CLASSMATES
11. HIGHLIGHTER
12. SCISSORS

## **Pinegrove United Church**

100 Hwy 130, Rosslyn, ON

**In person worship 10:30 am each Sunday.**

See website at [www.PinegroveUC.org](http://www.PinegroveUC.org)

Join live stream worship any Sunday at 10:30 am at

[www.trinityunited.church/livestream](http://www.trinityunited.church/livestream).

For Pastoral Care, call Church office at 807-939-1364, or  
email [pinegrove@tbaytel.net](mailto:pinegrove@tbaytel.net)

## **Redeemer Lutheran Church**

13 Marion Street, Kakabeka Falls, ON

For information, please contact Pastor Dan Barr  
807-473-9164 or check the website at [www.redeemerlcc.ca](http://www.redeemerlcc.ca)

## **St. James' Anglican Church**

10505 John Street Rd., Murillo, ON

Please visit our website at [countrywarmthinchrist.ca](http://countrywarmthinchrist.ca)  
to view online services every Sunday or join in person.

Rector: Reverend Jonathan Blanchard

807-939-1103 [parish.rector@tbaytel.net](mailto:parish.rector@tbaytel.net)

## **St. Mark's Anglican Church**

5 St. Mark's St., Rosslyn, ON

Please visit our website at [countrywarmthinchrist.ca](http://countrywarmthinchrist.ca)  
to view online services every Sunday or join in person.

Rector: Reverend Jonathan Blanchard

807-939-1103 [parish.rector@tbaytel.net](mailto:parish.rector@tbaytel.net)

## **St. Theresa's Roman Catholic Church**

10 Porter St., Kakabeka Falls, ON

For information, please contact  
Parish Priest: Fr. Randal Morrisseau at 807-935-2898  
(Rectory)

[www.directorydotb.ca/augustine/#2](http://www.directorydotb.ca/augustine/#2)

**The O'Connor  
Volunteer Fire Department Auxiliary**

would like to invite you to our

**Two-Bit Auction**

to be held on

**Saturday, October 7, 2023**

at the

**O'Connor Community  
Centre**

located at 330 Highway 595

Doors open at 6:30 p.m.

Bidding starts at 7:00 p.m.

(Make sure to bring lots of quarters)

Admission is \$5.00/ person

**Advanced tickets only. Tickets are limited.**

For tickets or more information, please call Cheri at 807-621-5768.

We are looking for prize donations for this event if anyone would like to donate, please contact Cheri at 807-621-5768 or drop off at the O'Connor Township Office.

Proceeds from the door and auction to go to the purchase of Safety Equipment for the O'Connor Volunteer Fire Department & First Response Team.